



# Eastern Broome Senior Center

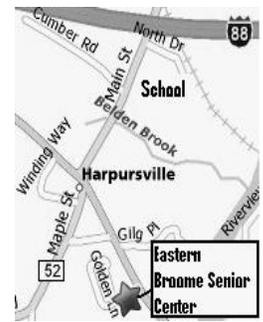
27 Golden Lane, Harpursville, NY 13787

Open: M-F, 9 am- 2:30 pm, lunch served around noon

Site Supervisor: Marcie Michalek/ (607) 693-2069

MOW Supervisor: Maureen Danelli-Robbins/ (607) 693-1566

## SEPTEMBER 2016



### **Mondays:**

**Mobile DMV**, 10 am-3 pm (\*Closed 12-12:30 pm)

Visit the Mobile DMV to obtain non driver identifications, driver's licenses, and registrations.

### **Tuesdays:**

**CHOW Produce Sale**, 8-9 am

**\*Walk-In Breakfast\*** 8-9:30 am

Made to order just the way you like! We offer a variety of menu items & a great group of folks to visit with!

**Senior Stretch Chair Exercises** 8:45-9:30 am

Come & be motivated by this group led by Val LaClair

### **Wednesdays:**

**Walk-In Soup & Sandwich Bar** 11:30 am-12:30 pm

**Crafters Group** 9-11 am

Come by to share your talents, time, & projects

### **Thursdays:**

**Acrylic Painting Class** 9-11 am

Develop your creative side with instructor Fran Bromley.

**Golden Griddle** 10:30 am-12 pm

No reservations needed! Choose from a variety of made to order breakfast OR lunch items. Our *September Special* is your choice of applesauce or blueberry pancakes served with fruit, milk, and coffee or tea.

Suggested contribution of \$3.25 for those 60 & better;

Cost of \$4.25 for all others

**BINGO for Prizes** September 1, 8 & 22 @ 11:45am

Bring a dried good or small item to share as a prize!

No money or reservation is necessary to play.

### **Fridays:**

*\*Bring a new friend to enjoy a complimentary meal!*

**Walk-In Burger & Soup Bar** 11:30 am-12:30 pm

**Wii Play & Practice:** 12:30-1 pm

**Gentle Tai Chi w/ Linda Phelps**, 9:30- 10:30 am

**(New) Chop 'N Chat** (Please reserve), 10:30- 11:30 am

Socialize while preparing nutritious meals. This program uses fresh ingredients. There is no cost to participate!

### **BP Screenings & Info. about Services (OFA)**

*Thursday, September 1, 10 am*

Have your blood pressure checked and learn about services available to the senior community.

### **Sign-Up for October Trip**

Payment is due in full by *Saturday, September 3.*

Eastern Broome will be visiting Letchworth

State Park on Monday, October 3. Please

contact Arlene at 607-759-6306 or Jane at 607-

222-1039 for more information.

### **Special Announcement:**

The center is closed on Monday,

September 5<sup>th</sup> in observation of

Labor Day.



**LABOR DAY**

### **Finance & Officer's Meeting**

*Wednesday, September 7, 9:30 am*

### **AARP Driver Safety Class**

*September 8 & 9, 5-8:30 pm*

*(\$20 AARP Members/\$25 Non-members)*

Homemade soup and sandwich bar will be available during your dinner break please reserve by calling 693-2069.

### **Site Council Meeting & Election of Officers**

*Wednesday, September 14, 10:30am*

### **Evening Dining w/Doc Weismore (Country)**

*Thursday, Sep. 15, 4pm doors open (Music, 5:15pm)*

We are serving chicken cordon bleu & éclair.

Suggested contribution is \$4 for individuals age 60 and older (\$5 charge for others). RSVP by noon,

Wed., Sep. 14.

### **Flu Shot Clinic**

*Friday, September 16, 9:30- 11 am*

The best defense against the flu continues to be vaccination, which the Centers for Disease Control recommend for those aged 6 months and over. Visit our center to make sure you're prepared for this flu season!

### Apple Fest & Retired Teachers' Luncheon

Wednesday, September 21, 12 pm

Treats & Trivia, 10 am/ Music, 12:30 pm

Celebrate the arrival of fall with apple trivia and delicious apple treats! Enjoy door prizes and a special performance by "Remember When." Reservations are needed by noon, Tuesday, September 20.

### Horse Racing w/ Bonnie Hill

Monday, September 26, 10am

### Annual Birthday Party w/Gary Teed

Wednesday, September 28, 12:15 pm

Celebrate another year with games and goodies at 10 am. Enjoy cake and ice cream following lunch and explore the sounds of classic rock and country music by talented performer Gary Teed.

### Evening Dining w/Adrian Skarvinko (Pianist)

Thursday, September 29, 4pm doors open (Music 5:15pm)

Sing along to classic oldies, Broadway tunes and more! We are rotisserie chicken and chocolate cream pie for a suggested contribution of \$4 for individuals age 60 and older (\$5 charge for others). Please RSVP by noon, Wed. September 28.

### Mark Your Calendar

10/3: Trip to Letchworth State Park

10/13: Evening Dining w/Bruce Huggins, 4 pm

10/21: EB 16<sup>th</sup> Anniversary Celebration & Volunteer Recognition w/South Amboy Roy, 12:30 pm

10/27: Evening Dining w/Hot Wings & Cold Feet, 4 pm

10/26: Sign Up for Trip to Villa Roma Christmas Show

Bring any of your wireless devices & enjoy our center's WIRELESS capability!!

### Gift Shop "The Crowe's Nest"

Open M-F, 9am-2pm.

It's not just another place for the birds! It is a wonderful gift shop with beautiful handmade items, made by seniors. If you are looking for a unique gift or a place to sell your goods, stop by or give us a call at 693-2069 and ask for Donna.



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### September Lunch Menu

Call 693-2069 to RSVP

Reservations are needed by noon 1 day in advance.

*Menu is subject to change.*

Suggested Contribution (60+): \$3.25

Charge (others): \$4.25

\*No reservations necessary for starred events.

\*Breakfast is served every Tuesday, 8-9:30am.

- 9/1: \*Golden Griddle\* -Sept. Special Applesauce or Blueberry Pancakes, 10:30am- 12pm
- 9/2: Beer Battered Fish OR BBQ Chicken & Fruited Gelatin OR \*Pub Burger\*
- 9/5: Center is Closed: Happy Labor Day!
- 9/6: Macaroni & Cheese & PB Cookie
- 9/7: Roast Beef w/Gravy & Banana
- 9/8: \*Golden Griddle\* 10:30am- 12pm
- 9/9: Fish Florentine OR Pepper Steak & Pumpkin Cookie OR \*Pub Burger\*
- 9/12: Tuna Noodle Casserole & Banana
- 9/13: Halupki OR Chicken w/Pineapple & Pears
- 9/14: Ham Loaf w/Honey Mustard Sc. & Blueberry Cobbler
- 9/15: \*Golden Griddle\* 10:30am- 12pm; Evening Dining, 4 pm (Chicken Cordon Bleu & Éclair)
- 9/16: Beer Battered Fish OR Salisbury Steak & Carrot Cake w/Cream Cheese Frosting OR \*Pub Burger \*
- 9/19: Spaghetti w/Meatballs & Lemon Fruited Gelatin
- 9/20: Grandma's Meatloaf OR Breaded Fish & Chocolate Pudding
- 9/21: Apple Fest: Roast Turkey w/Gravy & Apple Pie ala Mode
- 9/22: \*Golden Griddle\* 10:30am- 12pm
- 9/23: Salmon w/Dill Sc. OR Chicken w/Orange Sc. & Pineapple Tidbits OR \*Pub Burger\*
- 9/26: Beef Stew over Biscuit & Molasses Cookie
- 9/27: Pub Burger OR Chicken Salad Sand. & Ambrosia
- 9/28: Roast Pork w/Gravy & Cherry Crisp
- 9/29: \*Golden Griddle\* 10:30am- 12pm; Evening Dining, 4 pm (Rotisserie Chicken & Chocolate Cream Pie)
- 9/30: Breaded Fish OR Honey Mustard Chicken & Cinnamon Applesauce OR \*Pub Burger\*