



Emergency & Community Resources

Suicide is PREVENTABLE. Mental Illness is TREATABLE. Addiction Recovery is POSSIBLE. YOU ARE NOT ALONE¹

24/7 CRISIS SUPPORT	2
MENTAL HEALTH SERVICES	3
SUICIDE PREVENTION	5
ADDICTION SERVICES/RECOVERY	5
DISABILITY RIGHTS/LEGAL/SUPPORTS	8
FAITH-BASED	9
FAMILY SERVICES AND SUPPORTS	10
HOUSING	10
LGBTQ+ SUPPORT	11
PEER SUPPORT	12
RE-ENTRY SUPPORT/SERVICES	12
VETERANS.....	13

24/7 CRISIS SUPPORT

****If you or a loved one is in immediate crisis, dial 911**

National Suicide Prevention Lifeline*

988

**Press 1 for Veterans Crisis Line*

Crisis Text Line

Text GOT5 to 741741

The Trevor Project

1-866-488-7386

Text START to 678-678

Trevor Lifeline offers 24/7 crisis intervention and suicide prevention for LGBTQ young people.

(Ages 13-24)

<https://www.thetrevorproject.org/>

New York State HOPEline 24/7 Hotline

1-877-8-HOPENY

Text HOPENY to 467369

New York State's 24/7 problem gambling and chemical dependency hotline.

<https://oasas.ny.gov/hopeline>

MHAST Peer Support Warmline

607-240-7291

Locally operated in Broome County.

Crime Victims Assistance Center (CVAC) Hotline

Hotline: 607-722-4256

Textline: 607-725-8196

CVAC provides 24-hour support through the crisis hotline to victims of domestic violence and sexual abuse and advocacy to all four local hospitals and local police agencies.

Domestic Violence through RISE

607-754-4340

1-877-754-4340

24/7 support for those experiencing domestic violence. The trained counselors will walk you through steps and can get you connected to their shelter.

MHAST Adult Crisis Respite

607-777-8888 Ext. 350

Our House provides an alternative to hospitalization for people facing a mental health challenge or emotional distress for up to five days, supported by staff with lived experiences.

<https://mhast.org/our-house.html>



RAINN National Sexual Assault Hotline

1-800-656-4673

24/7 anonymous, confidential national sexual assault hotline. Call or chat options available.

<https://www.rainn.org/>

UHS Comprehensive Psychiatric Emergency Program (CPEP) Line

607-762-2302

Binghamton General Hospital

1-800-451-0560

10-42 Mitchell Ave, Binghamton, NY 13903

CPEP is a 24-hour crisis service staffed by psychiatric nurses, social workers, and paraprofessionals under the direction of a medical doctor/psychiatrist. This is an inpatient program providing behavioral health support services.

<https://www.nyuhs.org/location-search/uhs-comprehensive-psychiatric-emergency-program-cpep>

UHS Addiction Crisis Line

607-762-2257

The Addiction Crisis Line offers free and confidential information, support, and next step advice including linkage to formal evaluation and/or treatment for people seeking help for their substance use. Our line is staffed 24-hours a day by trained nurses, social workers, and licensed drug and alcohol counselors.

MENTAL HEALTH SERVICES

Catholic Charities of Broome County

607-729-9166

232 Main Street, Binghamton, NY

Provides services for people in Broome County. These services range from mental health treatment, case management, advocacy to Health Homes, Residential and Food Pantries. For more details go to this website or call the number above.

<https://www.catholiccharitiesbc.org/programs/>

Family & Children's Counseling Services

607-729-6206

257 Main Street, Binghamton, NY 13905

Provides high quality, affordable and accessible outpatient mental health services, case management to individuals with chronic medical and/or behavioral health conditions, employment assistance, and sexual abuse treatment programs to residents of Broome County.

<https://familycs.org/>

Greater Binghamton Health Center (GBHC)

607-724-1391

425 Robinson Street, Binghamton, NY 13904

Provides comprehensive outpatient and inpatient services for adults with serious mental illness and youth with serious emotional disturbances. GBHC operates under the NYS Office of Mental Health (OMH).

<https://omh.ny.gov/omhweb/facilities/bipc/>



Adolescent Crisis Respite (ACR)**607-773-4625**

The goal of the ACR is to assist adolescents and their families in resolving crisis situations and averting the need for hospitalizations or placement outside the home.

<https://omh.ny.gov/omhweb/facilities/bipc/>

Adolescent Day Treatment (ADT)**607-773-4223**

ADT is a clinical treatment program with adjunct educational services. It is designed to provide a broad range of clinical services to youth ages 13 up to 18 whose emotional problems create conflict in their family life and prevent them from meeting the demands of school and developing an appropriate social network.

Child and Adolescent Behavioral Health Center (CABHC)**607-773-4520**

CABHC is an OMH licensed outpatient community mental health treatment agency for youth up to age 18 with serious emotional disturbances, including therapy and medication.

<https://omh.ny.gov/omhweb/facilities/bipc/>

Community Treatment & Recovery Center (CTRC)**607-797-0680**

CTRC is an OMH licensed outpatient community mental health treatment agency for adults ages 18 and older with serious mental illness, including therapy and medication.

<https://omh.ny.gov/omhweb/facilities/bipc/>

Family Care**607-724-1391**

Family Care is a residential program offered by OMH and comprised of certified family care homes which offer residential services to individuals with a mental health diagnosis. Family Care certified homes are located throughout the Greater Binghamton Health Center catchment area.

Mobile Integration Team (MIT)**607-763-2761**

MIT provides person-centered supports to individuals of all ages and their families when and where they need them, in their own home and community. MIT facilitates connections to community services, follow through and engagement. Six counties: Broome, Chenango, Delaware, Otsego, Tioga, Tompkins.

<https://omh.ny.gov/omhweb/transformation/docs/st-flyer.pdf>

OnTrack NY**607-724-1391**

OnTrack NY Southern Tier is an innovative treatment program for young people ages 16 to 30 experiencing unusual thoughts, behaviors, or sensory perceptions.

Guthrie Binghamton Center for Mental Health**607-584-4465**

184 Court Street, Binghamton, NY 13901

415 East Main Street, Endicott NY 13760

A clinical treatment program that provides outreach, initial assessment, psychiatric assessment, crisis intervention and more.

<https://www.guthrie.org/locations/inghamton-mental-health>



MHAST

Mobile Crisis Service

607-766-1369

The mobile crisis service makes visits to individuals experiencing a mental health crisis.

<https://mhast.org/mobile-crisis.html>

UHS Outpatient Mental Health Clinic (Adults)

607-762-2340

33 Mitchell Ave, Binghamton, NY 13905

Mental Health Outpatient services are designed to meet the emotional and psychological needs of adults (18 or older). Services include concise mental health screening, mental health assessment, medication management, group therapy, individual counseling, and HIV mental health program.

<https://www.nyuhs.org/location-search/uhs-outpatient-mental-health-clinic>

****EAP – Consider reaching out to personal employment for EAPs, if available****

Employee Assistance Programs (EAPs) offer support to employees struggling with personal and work-related problems. The support typically takes the form of counseling, referrals, or follow-up services.

SUICIDE PREVENTION

BCSAFE

607-778-1146

BCSAFE@broomecountyny.gov

BCSAFE is a community coalition that works to reduce the number of suicide attempts by increasing public awareness and providing education and training resources in Broome County.

<https://www.gobroomecounty.com/mh/bcsafe>

AFSP (American Foundation for Suicide Prevention)

315-664-0346

centralny@afsp.org

**AFSP does not provide crisis response. If you or a loved one are in crisis, please call the Suicide and Crisis Lifeline at 988 or text Hello to 741741*

afsp.org/greater-central-new-york

Suicide Prevention & Crisis Service

607-272-1616

124 E. Court Street, Ithaca, NY 14859

A trained and caring counselor will listen to you without judgment or distraction. The counselor will then help you to sort out your problems and potential solutions. If necessary, the counselor will lead you in the direction of other social service agencies that can give you more help. Suicide and Crisis Lifeline 988.

<https://ithacacrisis.org/>

ADDICTION SERVICES/RECOVERY

Addiction Center of Broome County (ACBC)

607-723-7308



ACBC assists individuals with substance use disorders and their families. They provide a comprehensive continuum of care with individualized treatment planning and caring staff.

<https://acbcservices.org/#>

Binghamton:

30 W. State Street, Binghamton, NY 13901
Outpatient/Care Management/MAT/Peer Support

Endicott:

306 E. Main Street, Endicott, NY 13760
Outpatient/Family Support/Peer Support/Child & Adolescent

Alcoholics Anonymous Binghamton Area: Triple Cities Intergroup

607-722-5983

PO Box 2103, Binghamton, NY 13902

<https://aabinghamton.org>

Al-Anon/Alateen

607-722-0889

<https://al-anon.org/newcomers/what-is-al-anon-and-alateen/>

Families Anonymous (FA) – Broome County

**Call 211 for
more information**

<https://www.familiesanonymous.org/about-fa/>

Fairview Recovery Services

Residence: 607-722-8987

5 Merrick Street, Binghamton, NY 13904

Stabilization Center: 607-722-4080

247 Court Street, Binghamton, NY 13901

Offers professional and compassionate care that is delivered along a continuum of residential and support services for chemically dependent adults living in Broome and surrounding counties.

<https://frsinc.co/>

Voices Recovery Center

607-821-7811

340 Prospect St, Binghamton, NY 13905

The Center belongs to the community. It is open to everyone and is no cost. Activities include Recovery support groups, holiday celebrations, yoga, music groups, Narcan training and more.

<https://frsinc.co/services/voices-recovery-center/>

Helio Health, Inc.

607-296-3072

249 Glenwood Road, Binghamton, NY 13905

Inpatient/Withdrawal and Stabilization

Helio Health provides treatment programs and support services for those with substance use and mental health disorders and their families.

<https://www.helio.health/>



Narcotics Anonymous: Triple Cities Area (TCANA)

607-792-9116

PO Box 422, Binghamton, NY 13902

[Narcotics Anonymous Meeting Search](#)

Southern Tier AIDS Program (STAP)

607-237-0497

277 Main Street, Johnson City, NY 13901

Syringe Exchange/MAT/Care Management

Provides free and confidential services to people living with HIV/AIDS, individuals with other chronic medical conditions, or people who need HIV, Hepatitis C, or Sexually Transmitted Disease (STD) testing services. They also have a syringe exchange program to reduce risk of infection among injection drug users.

<https://www.stapinc.org/>

Salvation Army Adult Rehab Center

607-723-5381

3-5 Griswold Street, Binghamton, NY 13905

The Salvation Army's Adult Rehabilitation Centers are 180-day residential work-therapy programs providing spiritual, social, and emotional assistance to those who have lost the ability to cope with their problems and provide for themselves.

<https://www.salvationarmyusa.org/usn/rehabilitation/>

Truth Pharm

607-296-3016

49 Pine Street, Suite 6, Binghamton, NY 13901

Truth Pharm raises awareness, reduces stigma, and educates the public for policy changes to reduce the harms caused by substance use. Advocacy/Support/Family Support

<https://truthpharm.org/>

UHS New Horizons Alcohol & Chemical Dependency Treatment Center

Inpatient/Outpatient:

607-762-2901

10-42 Mitchell Ave, Binghamton, NY 13903

An alcohol and chemical dependency treatment center.

<https://www.nyuhs.org/location-search/uhs-new-horizons-alcohol-chemical-dependency-treatment-center>

UHS Addiction Medicine

607-762-2800

Medication for Addiction Treatment (MAT) Program Suboxone® Program

Methadone Clinic

10-42 Mitchell Ave, Binghamton, NY 13903

The United Health Services (UHS) Southern Tier Drug Abuse Treatment Center offers drug and alcohol rehabilitation with the primary focus on substance abuse treatment. Provides outpatient methadone maintenance and counseling for opiate addiction.



<https://www.nyuhs.org/care-treatment/addiction-medicine/medication-assisted-treatment-program-methadone-clinic>

DISABILITY RIGHTS/LEGAL/SUPPORTS

ACCORD, Community Dispute Resolution Center

(607) 724-5153

350 State St. Binghamton, NY 13901

Provides peaceful alternatives to conflict through mediation and other dispute resolution services, training, and advocacy. <https://accordny.com/>

ACCES-VR

(607) 721-8400

44 Hawley St. Binghamton, NY 13901

Provides individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development.

<https://www.acces.nysed.gov/vr>

ACHIEVE

607-723-8361

4733 Vestal Parkway East, Vestal, NY 13850

Provides services to individuals with intellectual, developmental, and other disabilities in Broome, Chenango, and Tioga counties. <https://www.achieveny.org/>

Broome Developmental Disabilities Services Office

607-770-0211

305 Main Street, Binghamton, NY 13905

Provides residential, day services, and support to individuals with developmental disabilities and their families. www.opwdd.ny.gov

Office for People with Developmental Disabilities (OPWDD) Front Door

(607) 240-4900

249 Glenwood Road Binghamton, NY 13905

Provides a link to access OPWDD eligibility and Home and Community Based (HCBS) waiver services including waiver respite, community habilitation, self-direction, prevocational, etc.

<https://opwdd.ny.gov/get-started/front-door>

Helping Celebrate Abilities Residential and Community Support Resources

(607) 205-1077

1329 Campville Road Endicott, NY 13760

Provides HCBS waiver services like community habilitation, waiver respite, employment services, and self-direction.

Helping Celebrate Abilities Main Office, Preschool, Clinic

(607) 798-7117

18 Broad Street Johnson City, NY 13790



Provides educational services to preschool aged children with developmental disabilities. They also provide clinic and therapy services like physical therapy, occupational therapy, speech therapy, and counseling.

SANYS: Self-Advocacy Association of NYS (518) 382-1454 or sandrews@sanys.org

SANYS is an organization founded, and led, by people with developmental disabilities for people with developmental disabilities. SANYS promotes the awareness and recognition of the civil rights and responsibilities which include the opportunities and choices of equal citizenship. <https://sanys.org/>

Southern Tier Independence Center (STIC) 607-724-2111

35 East Frederick Street, Binghamton, NY 13904

All the programs and services through STIC share common themes: they all promote independence; inclusion; and community integration. <https://stic-cil.org/>

Springbrook (607) 217-4236

89 Court St. Binghamton, NY 13901

All the programs and services through Springbrook share common themes: they all promote independence; inclusion; and community integration. <https://springbrookny.org/>

The Legal Aid Society of Mid-New York, Inc. (607) 231-5900

105 Court Street, 3rd Fl. Binghamton, NY 13901

Provides free civil legal information, advice and representation to residents of Jefferson, Lewis, Oswego, Oneida, Herkimer, Cayuga, Onondaga, Madison, Cortland, Chenango, Otsego, Broome and Delaware Counties throughout New York State who are eligible and cannot afford to hire an attorney to help them with civil legal problems and questions. <https://www.lasmny.org/>

FAITH-BASED/SPIRITUAL

Samaritan Counseling Center 607-754-2660

3001 E. Main Street, Endwell, NY 13760

Samaritan counselors are clinically trained, licensed professionals. Samaritan Counseling Center of the Southern Tier, Inc. is accredited in a nationwide network by the Solihden Institute. They offer compassion and confidentiality, with each client and therapist working together to understand and resolve various issues.

<https://www.samaritancounseling.org/>

The Hope Center 607-235-3101

1102 Conklin Rd, Conklin, NY

Provides Mental Health services including Counseling and Life Coaching to individuals, couples, and families. Sunday – Saturday 9AM to 8PM.

<https://www.thehopecenter1.com/>



Two Rivers Church

1 Chrisfield Ave, Johnson City, NY 13790

Offers reparative spiritual counseling, life coaching, preventative spiritual direction, and marital counseling.

<https://tworivers.center/services/>

Support Services: 607-341-7264

FAMILY SUPPORT/SERVICES

Cornerstone Family Healthcare

Counseling/MAT/Medical Care: 607-201-1200

35 Felters Road, Binghamton, NY 13903

Cornerstone Family Healthcare provides comprehensive family medical care with access to Primary Care, Pediatric, Gynecology, and Patient Assistance services. Accepts Medicaid, Medicare, and Child Health Plus.

<http://www.cornerstonefamilyhealthcare.org>

Family Enrichment Network

607-723-8313

24 Cherry Street, Johnson City, NY 13790

The mission of Family Enrichment Network is to provide supportive services for the optimal development of children and families through head start programs and community services.

<https://www.familyenrichment.org>

HOUSING

Binghamton Housing Authority

607-723-9491

35 Exchange Street, Binghamton, NY 13902

Binghamton Housing Authority provides decent and affordable housing in a safe and secure living environment for low- and moderate-income residents throughout the Binghamton area.

<http://binghamtonha.org/>

Greater Opportunities

607-723-6493

5 W. State Street, Binghamton, NY 13901

Provides comprehensive services that include emergency assistance, advocacy, early education, and safe and affordable housing.

<https://www.greaterops.org/individual-family-social-services/housing-assistance-programs>

Family Enrichment Network

607-723-8313

24 Cherry Street, Johnson City, NY 13790

Family Enrichment Network is dedicated to serving the needs of low-income families through our Housing programs.

<https://familyenrichment.org/#>



Hope Foundation of Binghamton

607-269-7589

1 Chrisfield Ave. Johnson City, NY 13790

Provides faith-based recovery homes for men and women ages 18+ facing challenges such as addiction, homelessness, post-incarceration, or trafficking. <https://binghamtonhopefoundation.com/>

YMCA

607-772-0560 ext. 338

61 Susquehanna Street, Binghamton, NY 13901

Men's Shelter: Provides emergency and transitional housing to men ages 18 and older. The program offers a safe, positive, and structured environment in which our residents can find hope and motivation to rebuild their lives.

<https://ymcabroome.org/main/men-s-supportive-housing/>

YWCA

607-772-0340

80 Hawley Street, Binghamton, NY 13901

Women's and Families Shelter: Provides individual clean, safe apartments for homeless or formerly homeless women and their dependent children, empowering women to live independent, healthy lives.

<https://ywcabinghamton.org/programs/supportive-housing/>

LGBTQ+ SUPPORT

Identity Center

607-651-9175

206 State Street, Binghamton, NY 13901

Youth center for teens and young adults ages 13-24, providing a safe space for lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ+) teens, but welcomes all youth regardless of sexual identify, orientation, or gender identity. Mon, Tues, Thurs, & Fri 3-6 PM.

<http://www.idyouth.org/>

LGBT National Hotline

1-888-843-4564

Serves callers of all ages offering peer-counseling, information, and local resources.

Hours: Monday – Friday 2PM – 11PM; Sat. Noon – 5PM.

<https://lgbthotline.org/national-hotline/>

Broome County Library Queer Coffee Hours

607-778-6400

185 Court Street Binghamton, NY 13901

A chance for LGBTQIA+ identifying adults to come to socialize with other LGBTQIA+ identifying adults. This occurs the last Tuesday of every month. Registration is required.

<https://www.thebcpl.org/>

Parents and Friends of Lesbians and Gays (PFLAG)

Monthly support group for parents, friends, and allies of the LGBTQ+ community.

<https://pflag.org/>



Q Center at Binghamton University

607-777-6028

An intersectional space where all queer students, faculty, and staff at Binghamton University are empowered to be their full, authentic selves.

<https://www.binghamton.edu/centers/lgbtq/>

SAGENet: Advocacy and Services for LGBT Elders

1-877-360-5428

Provide advocacy and resources that empower LBGTQ+ elders to live openly and authentically.

<https://pflag.org/>

PEER SUPPORT

Compassionate Friends of Broome County

607-725-8574

The Compassionate Friends has been providing support to bereaved families after the death of a child for four decades.

<https://www.compassionatefriends.org/chapter/broome-county-chapter/>

Common Ground Wellness Center

607-773-1184

Catholic Charities of Broome County

Offers a safe, welcoming space for adults struggling with their mental health who want to build relationships, explore work goals, reduce isolation, and grow everyday skills, all the while staying focused on their recovery and overall wellness.

<https://www.catholiccharitiesbc.org/programs/mental-health>

Sunrise Wellness Center

607-771-8888 Option 4

Mental Health Association of the Southern Tier

45 Broad Ave, Binghamton NY 13904

Sunrise Wellness offers a variety of free groups for adults ages 18+ focusing on mental health wellness and recovery. <https://mhast.org/sunrise.html>

RE-ENTRY SUPPORT/SERVICES

Broome County Council of Churches – Jail Ministries

607-724-9130

3 Otsiningo Street, Binghamton, NY 13903

Supports individuals impacted by the criminal justice system and their families by providing worship services, pastoral care, recovery groups, advocacy, and release-planning services.

<https://broomecouncil.net/>

Broome County Re-Entry Able Program

Jail Reentry - 607-644-5003

Main Office: 22 Riverside Drive, Binghamton, 13905

Prison Reentry - 607-743-1790

Client Engagement Office: 206 State St, Binghamton, 13901

<https://www.nyconnects.ny.gov/services/re-entry-able-program-3122>



VETERANS

Binghamton Community Based Outreach Clinic (CBOC)

607-772-9100

203 Court Street, Binghamton, NY 13901

Our outpatient clinic provides primary care and specialty health services, including mental health care, physical and occupational therapy, prosthetics, audiology, radiology, vision care (optometry), laboratory and pathology services, programs to help you stop smoking and using tobacco, telehealth, whole health (acupuncture, massage, reiki) and more.

<https://www.va.gov/directory/guide/facility.asp?ID=722>

Binghamton Vet Center

607-722-2393 or 1-866-716-8213

53 Chenango Street, Binghamton, NY 13901

We offer confidential help for Veterans, service members, and their families at no cost in a comfortable setting. Our services include counseling for needs such as depression, anxiety, anger, relationship issues, trauma including PTSD and the psychological effects of military sexual trauma (MST). We can also connect you with more support in VA and your community.

<https://www.vetcenter.va.gov/>

Broome County Veterans Service Agency

607-778-2147

11 Frederick Street, Binghamton, NY 13901

Advises and assists Veterans and their family filing applications for federal, state, and local VA benefits.

<https://broomecountyny.gov/veterans>

Clear Path for Veterans

1-315-687-3300

1223 Salt Springs Road, Chittenango, NY 13037

Provides information, programs, and resources for all Veterans and their families. Services are provided in 33 counties, including Broome and Tioga Counties.

<http://www.clearpath4vets.com/>

NY State Department of Veterans' Services

607-724-1299 or 888-838-7697

60 Hawley Street, 5th Floor, Binghamton, NY 13902

Advises and assists Veterans and their dependents with filing applications for federal, state, and local VA benefits. Assist DVS clients with appearance before the Board of Veterans Appeals, Referral of Discharge Upgrade packages to NYS Appellate review team and NYS Discharge Upgrade Advisory Board.

<https://veterans.ny.gov/>



Southern Tier Veterans Support Group**607-205-8332***PO Box 1201, Vestal, NY 13851**Provides a network of resources for our local Veterans, service members, and their families. We strive to educate the community on Veteran needs and partner with other organizations to offer a broad range of services and assistance to enhance each Veteran's physical, emotional, and economic well-being.*<https://stvsq.org/>**US Department of Veteran Affairs: Make the Connection***Offers resources for Veterans, families, clinicians, and active duty through stories of connection.*<https://www.maketheconnection.net/>**Veterans Outreach Center****585-546-1081***Provides free programs and support for Veterans.*<https://veteransoutreachcenter.org/>

DISCLAIMER: This is not designed to be an exhaustive list. Being listed on this resource does not constitute an endorsement by Broome County Mental Health Department.

