



State of New York County of Broome Government Offices

Broome County Health Department

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Get Ready to Ride: National Bike & Roll to School Day is May 7

(BROOME COUNTY, NY) – Mark your calendars and pump up your tires – National Bike & Roll to School Day is rolling in on Wednesday, May 7, 2025. Families, schools, and communities across the country are invited to participate in this exciting celebration of active transportation, healthy habits, and safer routes to school.

While May 7 is the official date, communities are encouraged to celebrate any day in May that works best for their schedules. The goal is to get students active and excited about safe, healthy travel whenever they choose to ride or roll.

"Whether addressing the need to make routes to school safer for active trips or encouraging children and teens to be more active, Bike & Roll to School Day events can be powerful tools to inspire lasting change¹"

Bike & Roll to School Day provides an opportunity to promote physical activity and healthy habits among kids and teens, highlight the importance of safe, walkable and bikeable communities, build community connections and school spirit, and teach safe biking, walking, and rolling skills in a supportive environment.

Whether students arrive on two wheels, scooters, or with their favorite pair of sneakers, every step and spin make a difference. For more information or to register your school or event, visit <https://www.walkbiketoschool.org/>. For more information on the Creating Healthy Schools and Communities grant, contact Brooke Traver at the Broome County Health Department at 607.778.2878.

CHSC is a five-year initiative funded by the New York State Department of Health to establish and support healthy behaviors in high-needs communities. The New York State Department of Health Division of Chronic Disease Prevention implements evidence-based, evidenced-informed, and innovative public health strategies in order to support New Yorkers to live healthier lives and eliminate health disparities by reducing the incidence and burden of chronic diseases and conditions. For more information, visit https://www.health.ny.gov/prevention/obesity/prevention_activities/chsc/

¹ *Walk & bike to school.* (n.d.). <https://www.walkbiketoschool.org/>