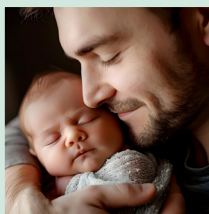


# HEALTHY FAMILIES BROOME



***Baby on the way?***

***Looking for new ways  
to give your baby  
a great start?***

**Healthy Families Broome-PACT**  
(Parents And Children Together)  
is here to support you.



**healthy families  
new york**

*An affiliate of Healthy Families America™*

## What our program has to offer families in Broome County:

**Support** & guidance with the changes that come with pregnancy & the birth of a baby

**Connection** to local resources & programs like WIC, baby items and more

**Strength** based voluntary home visiting services

**Education**, activities & games surrounding child growth & brain development



## Some participants have had increased success with:

- \* Healthier babies through education
- \* Positive parenting strategies
- \* Enhanced parent & child interactions
- \* Preparing for school readiness
- \* Supporting parenting roles in the family unit
- \* Bonding & attachment

## FACTS:

- \* It's never too early to start nurturing because the first years last forever.
  - \* All parents are teachers. You are your child's first and most important teacher.
  - \* Starting in pregnancy, through the early years in life, your child will learn more and faster than at any other time.
  - \* Healthy attachments result in increased self-esteem for your child
- 

## To Learn More...

*Scan Here*



**Healthy Families Broome-PACT**

**or call us at  
(607) 778-2851**

*Your child deserves  
the brightest future!*



This is a **Home Visiting Program**  
**FREE** to eligible families,  
services provided by:



**Public Health**  
Prevent. Promote. Protect.

**Broome County  
Health Department**



**GUTHRIE**

Funds provided by:



**Office of Children  
and Family Services**