

LOCAL SUBSTANCE USE SUPPORT GROUPS

UHS New Horizons Virtual Self-Help Meetings: Open to anyone, Daily 3:30 and 5:00pm.

Call: 425-436-6311 The PIN in code is: 480926 (After typing in PIN, a peer will be on the other end of the line)

Also doing treatment groups for anyone in need of treatment. Admissions done over the phone, patients are then able to access individual or group therapy telephonically. Also still admitting for medication assisted treatment. Call Lynn 762-3918 for that evaluation, for individuals not receiving services elsewhere.

Fairview Recovery Services: Voices Recovery Center

Peer Support Groups @ 1130am & 8pm, Women's Peer Support Group Zoom access # is 577-295-5398 or <https://zoom.us/j/5772955398>, password 987886.

GA meetings have been removed. The *NA Bridges Back to Life* Zoom meeting has changed, access # is 514-484-4926.

Please contact Voices @ 607-821-7811 to schedule Peer Support 1-on-1 with one of our (CARC's) Recovery Coaches or (CRPA's) Peer Advocate. Anyone interested in VRC peer support services via teleconferencing/Zoom online video should contact VRC for more details.



VOICES

Recovery Center

April 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Offering support while still abiding by the rules of social distancing! You are not alone as we are in this together! Look forward to hearing from you! From your Voices Recovery Center staff!						
			1 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	2 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 5:30pm- Zoom NA Mtg 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	3 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3pm-Women's Zoom Group 4-5:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	4 11:30am Peer Support Group Zoom 2pm-Teleconferencing Peer Support for ASC 8pm- Peer Support Group Zoom
5 11:30am Peer Support Group Zoom 8pm- Peer Support Group Zoom	6 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Zoom GA Mtg 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	7 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	8 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	9 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 5:30pm- Zoom NA Mtg 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	10 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3pm-Women's Zoom Group 4-5:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	11 11:30am Peer Support Group Zoom 2pm-Teleconferencing Peer Support for ASC 8pm- Peer Support Group Zoom
12 11:30am Peer Support Group Zoom 8pm- Peer Support Group Zoom	13 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Zoom GA Mtg 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	14 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	15 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	16 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 5:30pm- Zoom NA Mtg 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	17 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3pm-Women's Zoom Group 4-5:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	18 11:30am Peer Support Group Zoom 2pm-Teleconferencing Peer Support for ASC 8pm- Peer Support Group Zoom
19 11:30am Peer Support Group Zoom 8pm- Peer Support Group Zoom	20 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Zoom GA Mtg 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	21 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	22 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	23 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 5:30pm- Zoom NA Mtg 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	24 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3pm-Women's Zoom Group 4-5:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	25 11:30am Peer Support Group Zoom 2pm-Teleconferencing Peer Support for ASC 8pm- Peer Support Group Zoom
26 11:30am Peer Support Group Zoom 8pm- Peer Support Group Zoom	27 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Zoom GA Mtg 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	28 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	29 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	30 9-11am & 1-3pm 1 on 1 via phone or Zoom 11:30am Peer Support Group Zoom 3-4:30pm-Staff Development 5:30pm- Zoom NA Mtg 7pm- Teleconferencing Peer Support for ASC & FRS 8pm -Peer Support Group Zoom	Peer Support Available Every Day (Group or Individual)	

(GA-Gamblers Anonymous NA-Narcotics Anonymous)

607-821-7811

www.facebook.com/VOICESRecoveryCenter

Helpful Websites: www.tcana.net www.na.org www.nezf.org

<https://www.facebook.com/VOICESRecoveryCenter>

Alcoholics Anonymous (AA) ZOOM Meetings from the Addiction Center of Broome County

Daily	7:30 (call only)	Phone #: 1-508-924-1780
Daily	10:30a	ID: 459 479 4411
Daily	<i>12p women's</i>	ID: 459 479 4411
Daily	4:30p	ID: 459 479 4411
Daily	7:30p	ID: 459 479 4411
Daily	11:00p	ID: 459 479 4411
Daily	9:00a	ID: 73 792 296 PW: 337587
Tues, Wed, Thurs	5:30p	ID: 459 479 4411
Monday	<i>6:30p LGBTQ+</i>	ID: 459 479 4411
Monday	7:00p	ID: 469 883 692
Monday	7:30p	ID: 384 846 8214 PW: 184608
Monday	<i>7:30p women's</i>	ID: 443 516 437 PW: 529482
Monday	8:00p	ID: 971 569 183 PW: 001530
Monday	9:00p	ID: 724 259 5392 PW: 303359
Tuesday	<i>5:00p women's</i>	ID: 481 801 610 PW: 002588
Tuesday	<i>7:30p</i>	ID: 257 036 918
Tuesday	9:00p	ID: 724 259 5392 PW: 303359
Wednesday	7:00p	ID: 864 504 4680 PW: 289230
Wednesday	9:00p	ID: 724 259 5392 PW: 303359
Thursday	<i>6:00 women's</i>	ID: 734 308 204 PW:014155
Friday	8:00p	ID: 308318898
Friday	8:30p	ID: 724 259 5392
Saturday	<i>11:00a women's</i>	ID:654 090 173 PW: 070519
Saturday	6:30p	ID: 750 481 821 PW: 527680
Saturday	9:00p	ID: 724 259 5392 PW: 303359
Sunday	7:00p	ID: 750 481 821 PW: 527680

Narcotics Anonymous (NA) ZOOM Meetings from the Addiction Center of Broome County

Daily	12:00p	ID: 614 047 234 PW: 015245
Monday	6:30p	ID: 514 054 314 PW: 064363
Wednesday	7:00p	ID: 891 213 709 PW: 560593
Wednesday	7:00p	ID: 121 393 784
Thursday	6:00p	ID: 347 451 176 Password: 279994
Friday	7:30p	ID: 566 402 777
Sunday	10:30a	ID: 864 923 652
Sunday	6:30p	ID: 774 429 924