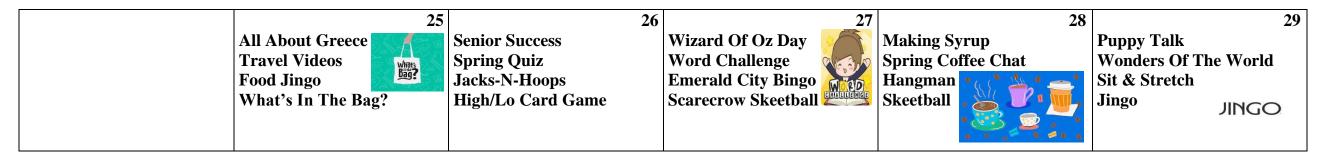
Notes	Monday	Tuesday	Wednesday	Thursday	Friday
					1
					National Pig Day
Each day we start with coffee					Piggy Trivia
& chat.					Fun On The Farm Jingo
Lunch is Served around					Swiney Skeetball
noon.					250
All activities are subject to					Alderson Market State
change without notice.	4	5	6	7	8
	Sound Of Music Day	Senior News Review	Women's History Month	Famous March Birthdays	<b>Remembering Relatives</b>
Caregiver Chat Group	Do-Re-Mi Bingo	All About Florida	Famous Women	The Year 1977	Old Sayings & Riddles
1 <sup>st</sup> Monday of the month at	Musical Movie Clips	Seaside Stretches	Beanbag Toss	Right-Left-Center	Light-N-Lively Exercise
JC Senior Center	Fitness With Maria	Sunny Sing-A-Long	Horse Race	Floor Dice	Roll It, Play It
30 Brocton Street	Caregiver Chat 1-2:30pm		WOMEN'S HISTORY MONTH		
Conf Call Format	and the second			• • • • •	remembered
Dial 607-778-6547					relatives
Mtg Code 2187 Attendee Access 123456#		along J J A			
Attendee Access 123430#	11	12	13	14	15
Caregiver Services	History Of Ireland	Good Luck Signs	Mind Benders	Irish Weddings	St. Pat's Game
Information & Consultation	Proverbs & Riddles	Irish Blessings	Green Games	Jokes & Hangman	Symbols & Traditions
607-778-2411.	Crazy Balls THE HISTORY	Cornhole Bunco	All For A Dollar	Bocce Ball	Shenanigans 💼
	Marian OF IRELAND		Chair Exercise	Shake A Memory	Blarney Beanbag
Thought for the Day!	Tewksbury10:45am	From Around The World		Therapy Dogs 10:45am	
	18	19	20	21	22
Try to be a rainbow in someone	March Madness	This Or That Chat	First Day Of Spring!	Poetry Day	Guess The Job
else's cloud. – Maya Angelou	Basketball Chat	Theraband Exercise	Blooming Bingo	American Poets World Poetry Day	The Year 1956
· ·	Strange Mascots	Name 10 Things 🛛 💰 💊	Signs Of Spring	Funny Poems	Basketball 🚽 🔿 🗲 🧲
	Movement Game	Dominoes & Cards 👖 👖	Slotz Ball	Move To The Beat	Pictionary
		11 11			





Isbell Street, Binghamton

(607)778-2947

Adult Day Program

Site Supervisor Laura Nixon

March 2024