

BROOME COUNTY DIRECTORY



for older adults, individuals
with disabilities, caregivers
and their families



2026 Edition 11

Also Available Online:

www.broomecountyny.gov/senior/publications

Broome County
Office for Aging



Broome County Office for Aging strives to provide older adults with information and assistance about available programs and services. Broome County Office for Aging operates NY Connects that provides information and assistance to all ages and all payor sources for long-term services and supports. NY Connects can help you navigate services and benefit programs for all abilities and needs.

NY Connects has the most up-to-date information on all services and programs in the community. Please call NY Connects at (607) 778-2278 for additional assistance.

The Office for Aging (OFA) is a local area agency on aging. OFA provides a variety of services and programs to assist seniors with living independently in the community.

- Group Respite
- Caregiver Services
- Elder Abuse Prevention and Outreach
- Expanded In-Home Services (EISEP)
- Foster Grandparent Program
- Health, Wellness & Recreation Opportunities
- Home Energy Assistance Program (HEAP)
- Meals on Wheels
- Medicaid and SNAP application assistance
- Monthly Newsletter: Senior News
- Nutrition Counseling
- NY Connects/Information and Assistance:
For Long Term Services and Supports
- Senior Centers
- Senior Helpers Program
- Transportation Information

(607) 778-2411

Broome County Office Building, 4th Floor
60 Hawley St., Binghamton, NY 13901

Broome County
Office for Aging 

*Broome County Directory for Older Adults, Individuals with Disabilities, Caregivers and Their Families,
Eleventh Edition, copyright 2026,*

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Every attempt was made to cover services comprehensively for older adults in the Broome County area. The Broome County Office for Aging apologizes for any oversights or omissions.



NY Connects
Your Link to Long Term
Services and Supports

of BROOME COUNTY

(800) 342-9871 (607)778-2278



*Transportation assistance for
Broome County Older Adults 60+
to medical appointments,
grocery stores, senior centers,
and other locations.*



(607) 296-2509 - Monday-Friday - 7am-5:30pm

Connection to Care: Financial support to help people without Medicaid secure health-related services and other needs.

*Voluntary contributions from those who use this service are appreciated and will be used to support and expand the service. No one will be denied due to inability and unwillingness to contribute.

Travel Training: Teaches people to use transportation safely and independently.

Volunteer Driver Opportunity:

- Help your neighbors get where they need to go!
- Drive your own vehicle & set your own hours.
- Mileage reimbursed at .725¢ per mile.
- Secondary insurance coverage provided.

Getthere Connection to Care is supported in part by the NYS Office for Aging, Administration on Community Living, and Broome County Office for Aging



**Getthere is a program of the
Rural Health Network of SCNY, Inc.**

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Section One: DIRECTORY OF SERVICES

Caregiver Services

Support

Alzheimer's Association

The Alzheimer's Association Central New York Chapter provides support services, care options and education for families and caregivers in 14 counties. Our area includes Syracuse, the Southern Tier of New York, Utica, and the North Country. The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Our vision is a world without Alzheimer's and all other dementia.

Alzheimer's Association: (315) 472-4201

Ford Family Wellness Center for Seniors

Provides healthcare and health and wellness services to seniors in the community. Self-referrals and referrals from providers, community agencies or individuals are accepted.

Guthrie Senior Care: (607) 798-5432.

Kinship Care Program

Offers help to those people who are raising someone else's child. Provides advocacy with DSS and Family Court, assists with application process for free services.

Family Enrichment Network: (607) 723-8313

Office for Aging Caregiver Services

Offers counseling in-person or over the phone counseling for unpaid caregivers of frail seniors living in the community. Offers workshops, support groups, newsletters, referrals, and information about services and respite options. Home visits when requested.

Broome County Office for Aging: (607) 778-2411

University Geriatricians

University Geriatricians is a comprehensive program designated as Central New York's only Center of Excellence for Alzheimer's disease. The office specializes in the health care of older adults, and functions as an outpatient consultation service that provides comprehensive evaluation of medical, functional, cognitive, and psychosocial problems, which includes, memory testing, medication review, and family support. University Geriatricians at
SUNY Upstate Medical University: (315) 464-6100

Adult Day Care

Golden Days Adult Day Health Care

A supervised, medical adult day program provided at Susquehanna Nursing Home. Activities, nutritious meals, companionship, nursing, and rehabilitative therapies are available.

*Susquehanna Nursing & Rehabilitation Center:
(607) 729-9206*

Respite Options

Social Saturday Respite

Social Saturdays is a group respite program providing small group social engagement for care recipients while providing a break for caregivers. Participants will engage in discussions, activities, and a light lunch or snack. (Guest should be able to eat and toilet independently.)

Broome County Office for Aging (607) 778-2411

Yesteryears Group Respite

This caregiver program provides a day of stimulating activities and peer socialization for frail and/or isolated individuals. Assists functionally impaired seniors to maintain their maximum level of independence through meaningful, productive leisure activities. Services are offered in Endwell and other OFA locations.

Broome County Office for Aging: (607) 778-2411

For information on both in-home and facility respite options, call Broome County NY Connects at **(607) 778-2278** or toll-free at **1-800-342-9871**, or the Broome County Office for Aging at **(607) 778-2411**.

Chronic Illness Support

Alzheimer's Association

The Alzheimer's Association Central New York Chapter provides support services, care options and education for families and caregivers in 14 counties. Our area includes Syracuse, the Southern Tier of New York, Utica, and the North Country. The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Our vision is a world without Alzheimer's and all other dementia.

Alzheimer's Association (315) 472-4201

Ford Family Wellness Center for Seniors

Change description: Provides healthcare and health and wellness services to seniors in the community. Self-referrals and referrals from providers, community agencies or individuals are accepted.

Guthrie Senior Care: (607) 798-5432.

AIDS & HIV Related Programs

Offers confidential HIV testing.

Broome County Health Department: (607) 778-3930

American Cancer Society

Provides free transportation for eligible patients to cancer related appointments. Offers lodging assistance for those traveling for medical care. Join their mobile app ACS CARES which grants personalized and reliable information to cancer patients and caregivers. It connects you directly with cancer information specialists, trained community volunteers, and support groups.

American Cancer Society: 800-227-2345

American Diabetes Association

Information, referral, & education regarding Type I and Type II diabetes. Provides emotional support and resources for newly diagnosed patients and caregivers. Able to connect clients to local chapters over the phone.

American Diabetes Association: (800) 342-2383

American Kidney Fund

Offers financial aid to kidney patients, donors, and transplant recipients for medication, transportation, emergency transient dialysis, diet needs, etc. Supports public and professional education. Apply through patient's renal social worker or nephrologist.

American Kidney Fund: (800) 638-8299

American Lung Association

Offers information and referral, patient education programs, smoking cessation program, volunteer training, and support groups.

American Lung Association in NY, Albany (518) 465-2013

Arthritis Foundation

The Arthritis Foundation envisions a world where all people with arthritis are living a life without limits. For more than 75 years, the Foundation has boldly pursued progress towards conquering arthritis in all its forms. Today, we commit to this vision with even deeper intentions, stronger determination and greater urgency. With swift actions now, we will improve tomorrow for all people affected by arthritis. Through Education, Community programs, Information, Connect Groups and email updates once they register.

Arthritis Foundation 800-283-7800

or helpline@arthritis.org

Empowering People's Independence

EPI provides progressive, tailored care solutions to children and adults with disabilities. We serve the Finger Lakes, Southern Tier, Western and Central New York regions. Our services are for people with intellectual and developmental disabilities, as well as people with chronic health conditions and medically fragile children and their families. We offer specialized programs for people who are recovering from brain injuries or stroke. Offer a virtual monthly support group.

Empowering People's Independence: (585) 442-4430

or www.epiny.org

Leukemia & Lymphoma Society

Educates and supports people dealing with blood cancers (leukemia, lymphoma, myeloma, Hodgkin's disease). Financial aid available. Support groups, educational materials and programs are free.

Leukemia & Lymphoma Society: (800) 955-4572

Moving For Better Balance

Reduce your risk of falling and gain independence! Come join this 12-week program at the West Family YMCA in the Gymnasium!

West Family YMCA: (607) 770-9622 Ext 420

Muscular Dystrophy Association

Offers support groups, information/referral, clinic, connects clients to local resources which may offer medical equipment, and ALS information.

Multiple Sclerosis Society: 1-800-344-4867

or nationalMSSociety.org

National Multiple Sclerosis Society

The National MS Society helps connect people with MS and their families to information, resources, support and self-help groups, programs for the newly diagnosed, and advocacy.

Multiple Sclerosis Society: 1-800-344-4867 or

nationalMSSociety.org

Parkinson's Disease Foundation

A leading national presence in Parkinson's research, patient education, and advocacy for increased federal funding. Offers a helpline which gives patients and caregivers information and resource referrals to doctors, support groups, wellness programs, financial aid, and general resources.

Parkinson's Disease Foundation: (212) 923-4700

Respiratory Disease Education

An educational program provided for people diagnosed with a respiratory disease. The services are provided by a Respiratory Therapist. The program includes a health and wellness assessment to determine need for programs including disease education, pulmonary rehab services in the home, nutrition education, smoking cessation, and other programs. This program accepts select insurances or patients can pay out of pocket.

Community Cares Health Solutions:

(607) 734-7220 ext 4105

Southern Tier AIDS Program

Offers preventative services such as HIV/AIDS testing, PrEP Consultation, Free Condoms & Lubricant, Hepatitis-C Consultation, health insurance navigation services, housing, and finding a primary care provider. Provides case management, support and treatment adherence services, and the Broome County Re-entry program which helps previously incarcerated individuals overcome barriers in returning to the community.

Southern Tier AIDS Program (STAP)

(607) 798-1706 or Hotline: (800) 333-0892

Southern Tier Stroke Support Group

Offers fellowship and support for survivors, caregivers, and family. General meeting is followed by separate peer discussions for caregivers and survivors. Meetings are the 4th Tuesday of every month from 1-3 pm at the Vestal Library *(607) 754-3405*

Computer Training

Urban League Technology Center

Urban League Technology Center in collaboration with SUNY ATTAIN, provides free computer courses in a friendly, secure environment. Learn Microsoft Word, Excel, PowerPoint, Outlook, Online Basics, Keyboarding, or take an Introduction to Computers course. Offers the Microsoft Office Specialist (MOS) certificate program. A free, open lab is available to anyone in need of access to a computer.

Broome County Urban League: (607) 772-4765

Tech Centers

Centers offer a mix of service so call individually for more information. Virtual classes, in person classes, 1 to 1 help, information, and assistance to help you strengthen your tech skills. Classes are free. You can call, email, or visit the website for a schedule of the courses.

George F. Johnson Memorial Library: (607) 757-5350

Broome County Library: (607) 778-6400

Mary Wilcox Memorial Library: (607) 692-3159

Nineveh Public Library: (607) 693-1858

Vestal Public Library: (607) 754-4243

Consumer Fraud & Protection

If you find that you may have been the victim of a scam where you gave away property, money, or personal information, it is important to file a police report with your local police department. It is also important to notify the Consumer Fraud & Protection Bureau of the Attorney General's office. Their program is listed below. For more information on what to do after suspected fraud, contact the Broome County Office for Aging at **(607) 778-2411**.

Consumer Fraud & Protection Bureau

Helps with landlord-tenant disputes, housing discrimination, auto complaints, fraud (credit, mail/phone order, home improvement). Consumer outreach/referrals for state agency-related problems. Auto Arbitration resolves disputes for car owners & suppliers.
New York State Attorney General's Office
(607) 251-2770

Dental Services

Broome County Dental Society

Serves as a source of information to Broome County residents and aids members in receiving the best possible dental care. Serves as a branch of the NYS Dental Association and the 6th District Dental Society.
Broome County Dental Society: (607) 354-0943

Guthrie Dental Care

Lourdes Dental Care provides restorative dental care to underserved children and their families within Broome County.
Guthrie Dental Care: (607) 584-4545

SUNY Broome Dental Hygiene Clinic

Dental Hygiene students provide dental exams and cleanings and administer X-rays as needed. Medical history taken prior to appointment. The clinic operates on the SUNY Broome academic calendar.
SUNY Broome: (607) 778-5015

UHS Dental Services

Provides preventive dental care, exams, X-rays, treatment planning, fluoride applications, cavity elimination and prosthetics. Treatment options for handicapped, medically-compromised, and elder patients. Other services include oral cancer screenings and treatment for patients undergoing radiation or chemotherapeutic regimens. Accepts Medicaid, standard insurances.
UHS Binghamton General Hospital: (607) 762-2005

Disability Related Services

Accessible Parking

Handicapped Parking Permits

Handicapped accessible parking permits are issued by the clerk's office of the municipality in which the disabled individual resides. An application is required. Contact your local town or city clerk's office for more information on obtaining a handicapped accessible parking permit.

Handicapped License Plates

Vehicle license plates for handicapped accessible parking are issued by local Department of Motor Vehicles offices. Plates are issued only for vehicles registered in the name of the person with the disability. An application is required. For more information on how to obtain a vehicle license plate for handicapped accessible parking, contact your local Department of Motor Vehicles.

Advocacy

Advocacy for Persons with Disabilities

Provides information about programs and services for individuals with disabilities and their families.

New York State Commission on Quality of Care and Advocacy for Persons with Disabilities: (518) 388-1281

Americans with Disabilities Act Consultation

Advice, training, and consultation on all aspects of the Americans with Disabilities Act to government entities, agencies, employers, and consumers.

*Southern Tier Independence Center (STIC)
(607) 724-2111*

Division of Human Rights

Enforces anti-discrimination laws in employment, housing, public accommodations, credit extension, when discrimination is based on race, creed, age, sex, national origin, marital status, sexual preference, or disability.

*New York State Division of Human Rights
(607) 721-8467*

ICAN (Independent Consumer Advocacy Network)

Provides advocacy and support services for individuals with Medicare and Medicaid who need long-term care services at home. ICAN can answer questions related to Medicare, Medicaid, long-term care, and managed care plans. ICAN can help solve problems with managed

care plans or providers including home care agencies, nursing homes, doctors, hospitals, and pharmacies. Offers assistance with appeals.

Action for Older Persons, Inc.: (607) 722-1251

Legal Aid Society

Persons whose Supplemental Security Income (SSI) benefits have been denied or discontinued may apply for representation in the appeals process.

Legal Aid Society of Mid-New York: 1-877-777-6152

Long-Term Care Ombudsman Program

Provides advocacy for residents in long-term care facilities including nursing homes, assisted-living, and adult care homes. Ombudsman volunteers discuss resident concerns, investigate complaints, and foster resident-centered resolutions. Information about long-term care facility regulations and resident rights are also explained to residents and their family members.

Action for Older Persons, Inc.: (607) 722-1251

Southern Tier Independence Center

Provides assistance, advocacy and services to children and adults with all disabilities, increasing their independence and allowing them to pursue their dreams.

STIC: 607-724-2111

Support Services

Southern Tier Independence Center (STIC)

Offers Accessibility Advice, Americans With Disabilities Act (ADA) Consultation Services, Assistive Technology Loan Closet, Consumer Directed Personal Assistance (CDPA), Professional Counseling, Peer Counseling, Independent Living Skills Development, Housing Assistance, Health Insurance Navigator Services, Facilitated Enrollment For The Aged, Blind And Disabled, Employment Services, OPWDD Community Habilitation Services, OPWDD Self-Directed Services, and Nursing Home Transition Services.

Southern Tier Independence Center (STIC): (607) 724-2111

Office for People With Developmental Disabilities (OPWDD)

Responsible for coordinating services for New Yorkers with developmental disabilities, including intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, Prader-Willi syndrome and other neurological impairments. There are many services available including housing, employment, day services and respite.

*NYS Office for People With Developmental Disabilities (OPWDD): Region 2 DDRO Regional Front Door
Phone Line: (607) 240-4900*

Driver Education

AARP Driver Safety Course

For drivers age 50 and older; results in a discount on automobile insurance. Call the toll-free number, leave a message, and a volunteer will return your call to schedule a class.

AARP, Inc.: (800) 350-7025

Drug & Alcohol Abuse

For the most up-to-date information on programs and services available to aid in recovery from drug and alcohol abuse issues, contact Broome County NY Connects at **(607) 778-2278** or toll-free at: **1-800-342-9871**.

Addiction Center of Broome County (ACBC)

Provides medically-supervised outpatient counseling and treatment to chemically-dependent or abusing persons and their families. Sliding-scale fee.

Addiction Center of Broome County (ACBC)
(607) 723-7308

Binghamton VA Community-Based Outpatient Clinic

VA Binghamton Community Based Outpatient Clinic (VA CBOC) is a satellite office of the Syracuse VA and offers Veteran-centered treatment. Using a team approach, Veterans, medical providers, and mental health teams support health goals determined by each Veteran. Outpatient individual psychotherapy, psychology (medication), and group therapy with in-person or telehealth options are available. Options for more focused treatment include substance use recovery, nutrition, smoking cessation, weight management, PTSD, anger management, intimate partner violence support, and couple's therapy. Whole Health options such as acupuncture, massage, Reiki, biofeedback and individual coaching are also available. Please call today to learn more.

Binghamton VA CBOC: 607-772-9100

Fairview Recovery Services

Provides chemical dependency services in Broome County Short-term, non-medical detoxification.

Fairview Recovery Services Addictions Crisis Center:
(607) 722-8987

Family Mental Health Clinic

Services include outpatient clinic treatment.

Family & Children's Society: (607) 729-6206

Helio Health Evaluation Center

Medically supervised treatment programs for individuals with substance use issues. Helio offers inpatient detoxification, inpatient rehabilitation, outpatient treatment, mental health services, behavior health clinics, gambling support, and other services.

Helio Health: (607) 296-3072

Salvation Army Adult Rehabilitation Center

Six-month to one-year drug and alcohol rehabilitation program. This full-time, in-house program meets basic physical needs and offers individual counseling, group counseling, work therapy, addiction education classes, Bible studies, and Christian worship services.

Salvation Army Adult Rehabilitation Center
(607) 723-5381

Sunrise Wellness Center

A peer-run program promoting recovery for individuals with mental health diagnoses. Provides a safe haven for those with a mental illness or chemical addiction. Offers a Peer Support Line at (607) 240-7291.

Mental Health Association of the Southern Tier
(607) 771-8888

UHS Addiction Medicine at Binghamton General

Services include inpatient, outpatient, and Medication Assisted Treatment (MAT).

UHS Addiction Medicine: **(607) 762-3288** for inpatient treatment, substance use evaluations, individual or group counseling; **(607) 762-3918** for medication for an opioid addiction.

UHS Binghamton General Hospital

UHS New Horizons Alcohol & Chemical Dependency Treatment Center

Provides both inpatient and outpatient substance and alcohol abuse recovery services. Assessment, referral, and 24-hour Emergency Crisis Intervention. Offers a Crisis Hotline.

UHS Binghamton General Hospital:

(607) 762-3288 or *Crisis Hotline: (607) 762-2257*

Elder Abuse & Neglect

Adult Protective Services

Services for adults, 18 or older, who are mentally and/or physically impaired and no longer able to protect themselves from neglect, abuse, or exploitation. Provides intake, assessment, service referrals and coordination of services. Confidentiality for all parties is assured and anonymous referrals are taken.

Broome County Department of Social Services
(607) 778-2635

Crime Victims Assistance Center

Free counseling for crime victims, victim advocacy, and help filing for victim compensation through NYS Crime Victims Board. Education and outreach on domestic violence and elder abuse, court accompaniment in criminal and family court, supportive counseling, intervention, and referral. 24-hour hotline for emergency crisis intervention, 24-hour victim accompaniment to police department and hospital.

Crime Victims Assistance Center
(607) 723-3200 or Crisis Hotline: (607) 722-4256

Elder Abuse & Neglect Prevention Information

Information & Assistance staff can provide up-to-date information on resources available to help prevent elder abuse and neglect.

Broome County Office for Aging: (607) 778-2411

Family Violence Prevention Council

Provides a forum to address the incidence and effects of family violence, including elder abuse, maltreatment, and neglect. Resources include literature and a speakers' bureau.

Family Violence Prevention Council of Broome County
(607) 778-2153

Long-Term Care Ombudsman Program

Reviews elder needs and issues; testifies at public hearings. Advocates for persons in adult care, assisted living, and skilled nursing facilities. NYS-certified volunteers visit facilities regularly to help with questions or concerns on behalf of residents, family and staff.

Action for Older Persons, Inc.: (607) 722-1251

RISE (formerly SOS Shelter)

Provides victims of domestic violence and their children with safe, emergency shelter. Counseling, advocacy, and referrals are offered. A 24-hour Crisis Hotline and an online chat room connecting clients to advocates is available on their website.

RISE Domestic Violence Services (607) 748-5174 or Crisis Hotline (607) 754-4340

Emergency Shelter

Emergency Aid

Assists with emergency housing.

Broome County Department of Social Services
(607) 778- 2504

Permanent Supportive Housing for Individuals & Families

Permanent supportive housing for individuals or families.

Volunteers of America: (607) 772-1156 ext. 4005

Men's Transitional/Emergency Housing

Transitional housing for men. Call for more information.

Volunteers of America: (607) 772-1156 ext. 4004

RISE (formerly SOS Shelter)

Provides victims of domestic violence and their children with safe, emergency shelter. Counseling, advocacy, referral and children's programs. 24-Hour Crisis Hotline available.

RISE Domestic Violence Services
(607) 748-5174 or Crisis Hotline (607) 754-4340

UP-Comfort Center

Provides a safe space for rest, support and resources for those who are unhoused. Clothing and hygiene products available. Sun-Fri 7:00pm-7:00am. First come, first serve beginning at 6:45 pm. No admittance after 9:00 pm unless DSS or Police requested.

UP- Comfort Center: (607)768-3066

YMCA Emergency Housing Program

The YMCA Emergency Housing Program provides emergency and long-term housing for homeless men ages 18 and older.

YMCA Emergency Housing Program: (607) 772-0560

YWCA Emergency Housing Program

Provides emergency housing for homeless women and their children. Accommodates families with a maximum of 2 children; boys allowed up to the age of 7 years. Private kitchen and bathrooms. Provides food pantry, intensive case management, bus passes, and items for personal needs.

YWCA Binghamton: (607) 772-0340

Employment & Training

ACCES-VR

Provides services to individuals with disabilities to enable them to obtain employment. Services may include aptitude and interest testing, vocational guidance and counseling, training and placement services.

*Adult Career & Continuing Education Services
(607) 721-8400*

Association for Vision Rehabilitation & Employment

Provides employment and career services to individuals with a severe visual impairment. Employment & Career Services offers assistance and guidance with resume writing, interviewing, computer skills and assessments, job search, networking, employer consultation, and social/communication skills. Placement Services assist individuals to prepare, search, secure, and maintain employment. Manufacturing and call center employment opportunities.

*Association for Vision Rehabilitation & Employment
(AVRE): (607) 724-2428*

Broome-Tioga BOCES

Offers career-planning workshops, free GED preparation, organizational and job-seeking skills, job training, use of community resources, English as a Second Language (ESL) classes, Adult Career Planning, and self-improvement.

*Broome-Tioga Board of Cooperative Educational
Services (BOCES): (607) 763-3300*

Broome-Tioga Workforce Development System

Provides job seekers with assistance at two area Workforce Centers. Assists job-seekers in preparing for and keeping jobs. Workforce Center resources include computers and internet access, labor market information, job preparation workshops and individual employment counselors who aid job-seekers in the job search process.

*Broome-Tioga Workforce Development System
(607) 778-2136 or (607) 687-8500*

Senior Community Service Employment Program (SCSEP)

SCSEP enrolls qualified job seekers 55+ in part-time, paid training positions at public agencies or 501(c)3 non-profit organizations in their local communities. The purpose of the SCSEP is to help older workers transition back into the workforce. All positions are temporary.

Broome County Workforce NY: (607) 778-2136

Senior Helpers Program

The Senior Helpers Program maintains lists of workers who register for tasks such as home repairs, housekeeping, shopping, transportation, companionship and more. Jobs can be one-time or longer depending on the agreement between the Senior Helper and the person hiring. Workers are age 55 or older.

Broome County Office for Aging: (607) 778-6105

End-Of-Life Planning

Advance Health Directives

Advanced Planning for End-of-Life Program

Offers information on advanced directives such as Health Care Proxies, Living Wills, Do Not Resuscitate (DNR) forms, and Medical Orders for Life-Sustaining Treatment (MOLST) forms, while providing guidance on how to fill out forms and what to do once they are completed.

Action for Older Persons, Inc.: (607) 722-1251

Legal Aid Society

Persons age 60 and older may apply for preparation of a simple will, power of attorney, and/or health care proxy. Does not do estate planning. Home visits may be arranged for clients unable to come to the office.

Legal Aid Society of Mid-New York: 1-877-777-6152

Funeral Pre-Planning

Pre-Planning for Funerals

The NYS Funeral Directors Association provides information on pre-planning for funerals, the benefits of pre-funding a funeral, NY State preneed laws, irrevocable accounts, revocable accounts, how to select a funeral director, the prearrangement conference, and next steps.

*New York State Funeral Directors Association, Inc.
1-800-291-2629*

Hospice

Guthrie Hospice Vestal

Provides care and support to terminally-ill patients with less than six months to live, with emphasis on optimum comfort measures.

Guthrie Hospice Vestal: (607) 798-5692

Mercy House

Provides a supportive residential environment for terminally-ill patients who can no longer stay at home. Offers care when a cure is no longer possible, with a focus on comfort, dignity, and pain management. 24-hour hospice care as an alternative to nursing home care, hospital, or in-home care.

Mercy House of the Southern Tier: (607) 321-1857

Organ/Body Donation

Anatomical Gift Program

Coordinates body donation program to facilitate the study of human anatomy by students and health care professionals as part of their medical education.

SUNY Upstate Medical University, Dept. of Cell & Developmental Biology: (315) 464-4348

Center for Donation & Transplant

Facilitates procurement and equitable distribution of medically-suitable organs and tissues for transplant. The CDT coordinates the retrieval of donor organs and tissues at 47 hospitals throughout New York State and western Vermont.

Albany Medical Center: (518) 262-5606

Financial Assistance

For information and assistance on eligibility for a wide range of financial benefits, contact Broome County NY Connects at (607) 778-2278 or toll-free at 1-800-342-9871.

Credit Counseling

Housing Counseling Program

Metro Interfaith's Housing Counseling Program offers professional, confidential counseling for a wide range of housing needs or problems. Their primary goal is to assist those in need of safe, decent and affordable housing. They also provide home buying education, reverse mortgages, credit counseling, budget and money management, apartment relocation and more.

*Metro Interfaith Housing Management Corporation
(607) 723-0582*

Emergency Financial Assistance

Emergency Aid

Emergency aid may be available for expenses such as clothing, shelter, moving, home maintenance during illness, eviction, and shut-offs for electricity and phone.

*Broome County Department of Social Services
(607) 778-2504*

Food Stamps/SNAP

Supplemental Nutrition Assistance Program (SNAP)

Provides funds used to purchase food to those who meet income eligibility guidelines.

*Broome County Department of Social Services
(607) 778-1100*

SNAP Nutrition and Education Outreach Program (NOEP)

Program offers free and confidential assistance in applying for SNAP, gathering necessary documents for applying and can help through home visits, in person or over the phone.

Family Enrichment Network: (607) 723-8313 x827

Rent Subsidy

Binghamton Housing Authority Section 8 Rental Assistance (HUD)

Offers rental assistance when grants are available. Call for eligibility guidelines.

Binghamton Housing Authority: (607) 723-9491

Town of Union Section 8 Rental Assistance (HUD)

Offers rental assistance when grants are available. Call for eligibility guidelines.

*Town of Union Housing & Urban Development
(607) 786-2985*

Utility Expenses

Home Energy Assistance Program (HEAP)

A seasonal program, HEAP provides financial assistance with fuel or utility costs for income-eligible homeowners or renters. Refers clients to appropriate agency for fuel or utility emergency. Eligibility: age 60 and over, or disabled of any age receiving Supplemental Security Income (SSI) or Social Security Disability (SSD).

Broome County Office for Aging: (607) 778-2411

NYSEG Customer Services

Customer Services offers Senior ID program, large-print bills, convenient-due-date billing, Friendly Reminder Service, balanced billing plan, deferred payment agreements, and electronic funds transfer. Offers critical customer service for those with life-sustaining health equipment at home.

*New York State Electric & Gas (NYSEG)
(800) 572-1111*

Food & Household Goods

2-1-1/First Call for Help

Connects consumers with resources and information on local food pantries, food assistance programs, and clothing banks in their area.

*2-1-1/First Call for Help: Dial 2-1-1 or
(800) 901-2180*

Community Hunger Outreach Warehouse (CHOW)

Emergency food to those in need upon referral by local human service agencies and pastors. Several distribution pantries throughout Broome County.

Broome County Council of Churches: (607) 724-9130

Faith in Action

Provides free voluntary assistance to elderly and other challenged individuals with shopping for groceries and other household items.

Broome County Office for Aging: (607) 778-2411

Food Bank of the Southern Tier

Serving Broome, Chemung, Schuyler, Steuben, Tioga, and Tompkins Counties, the Food Bank of the Southern Tier offers a mobile food pantry in different locations a few times a month.

Food Bank of the Southern Tier: 607-796-6061

Food Pantry

Provides food and clothing to individuals/families in economic crises. Information and referral services. Non-denominational.

Catholic Charities of Broome County: (607) 723-4563

Meals on Wheels

Provides a hot lunch and cold supper to eligible homebound seniors who are unable to prepare meals for themselves and have no one to help them. Meals are delivered by volunteers Monday through Friday. Contributions are voluntary. Call for more information.

Broome County Office for Aging: (607) 778-2411

Meals on Wheels of Western Broome

Not-for-profit organization that delivers meals to seniors and those unable to shop or prepare their own meals. We offer hot meals and cold meals Mondays - Fridays, as well as frozen meals for the weekends (delivered on Fridays). There is a charge for the meals. Non-elderly adults must provide a doctor's referral for service. We deliver to Western Broome- Endicott, Endwell, Johnson City, Vestal, and Maine.

Meals on Wheels of Western Broome: (607) 754-7856

Project Concern

Project Concern provides clothing and small household goods at a cost of a two-dollar donation per adult.

Project Concern: 607-648-2492

Windsor Human Development

Emergency food and clothing for people in need. Holiday food baskets.

Windsor Human Development: (607) 444-1480

Health Insurance Information

Claims, Assistance, & Information

HIICAP (Health Insurance Information Counseling and Assistance Program)

Offers no-cost unbiased health insurance counseling for those approaching Medicare eligibility and Medicare beneficiaries, including information on supplemental health insurance plans, Medicare Advantage plans, Medicare Savings Programs, and Medicare Prescription Drug plans. Provides seminars on Medicare-related topics.

Action for Older Persons, Inc.: (607) 722-1251

Medicaid

Medicaid is a health care program for families with limited income and resources. Medicaid pays directly to health care providers, vendors, hospitals, and institutions for necessary medical care and services for eligible persons. Medicaid can be an individual's only health insurance plan or may pay in addition to other coverage. Medicaid services in New York State are provided in two forms, including (1) a Medicaid Managed Care plan through a private insurance company, or (2) traditional, community Medicaid.

Medicaid also provides long term care services. Managed long-term care (MLTC) is a system that streamlines the delivery of long-term services to people who are chronically ill or disabled and who wish to stay in their homes and communities. These services, such as home care or adult day care, are provided through managed long-term care plans that are approved by the New York State Department of Health. The entire array of services to which an enrolled member is entitled can be received through the MLTC plan the member has chosen.

There are a variety of programs in Broome County which assist with the Medicaid application process. The appropriate program depends on an individual's circumstances.

Those who are not yet eligible for Medicare (under 65 years of age and not receiving disability) should contact:
Mothers & Babies Perinatal Network: (607) 772-0517
Southern Tier Independence Center: (607) 648-2492

Those eligible for Medicare due to age (65 or older) or

disability (receiving Social Security Disability payments for 24+ months) should contact:

Broome County Department of Social Services:
(607) 778-1100

Broome County NY Connects: **(607) 778-2278**

Southern Tier Independence Center: **(607) 724-2111**

Medicare

Medicare is the Federal fee-for-service health insurance program available to those 65 years of age and older, those who have been receiving Social Security Disability for more than 24 months, or those undergoing continuing dialysis for end-stage renal disease or who need a kidney transplant. The Health Insurance Information, Counseling and Assistance Programs offers unbiased health insurance counseling for Medicare beneficiaries. Information on original Medicare Part A and Part B is provided, as well as additional Medicare options including Medicare Advantage Plans (Part C), Medicare supplement policies, and Medicare Prescription Drug Plans (Part D). Billing and claims, policy review, selection, and enrollment assistance is also provided.

Health Insurance Information, Counseling & Assistance Program (HIICAP)

Offers unbiased health insurance counseling for those approaching Medicare eligibility or Medicare beneficiaries. Information on supplemental health insurance plans, Medicare Advantage plans, Medicare Savings programs & senior prescription drug coverage. Seminars on Medicare-related topics.

Action for Older Persons, Inc.: **(607) 722-1251**

Medicare Savings Program

The Medicare Savings Program (MSP) is a Medicaid-administered program available to Medicare beneficiaries with limited income. If you qualify, this program will pay your Medicare Part B premium. Depending upon the sub-program for which you are eligible, it may also pay for deductibles, coinsurance, and copays.

Action for Older Persons, Inc.: **(607) 722-1251**

Social Security

Information and services regarding Social Security, Medicare, Supplemental Security Income (SSI) and Social Security Disability (SSD).

Social Security Administration: **(866) 964-3971**

Programs for the Uninsured/Underinsured

Elderly Pharmaceutical

Insurance Coverage (EPIC) Program

The Elderly Pharmaceutical Insurance Coverage (EPIC) program is a New York State program for seniors. It helps seniors aged 65 and older to reduce their out-of-pocket Medicare Part D drug costs. Seniors can apply for EPIC at any time of the year and must be enrolled or eligible to be enrolled in a Medicare Part D drug plan to receive EPIC benefits and maintain coverage. EPIC provides secondary coverage for Medicare Part D and EPIC-covered drugs purchased after any Medicare Part D deductible is met. EPIC also covers approved Part D-excluded drugs once a member is enrolled in Part D.

Action for Older Persons, Inc.: **(607) 722-1251**

Hope Dispensary of the Southern Tier

A service of Lourdes Hospital, the Hope Dispensary may be able to help those unable to afford medications. This program offers help to individuals who have no prescription coverage and have a limited income. Patients at or below 200% of the Federal Poverty Level (FPL) will be provided with short term and long term medication assistance. Staff is available to assist with enrollment in Medicaid and other public programs, if needed. Staff can also provide information and assistance to patients so they can obtain a primary care provider, if needed.

Binghamton Guthrie Pharmacy: **(607) 584-9376**

Guthrie Financial Assistance

If you do not have health insurance, are uninsured or underinsured, or worry that you may not be able to pay for part or all of your care, we may be able to help. The Guthrie Clinic provides financial assistance to all patients regardless of their ability to pay. Financial Assistance sliding scale discounts for essential services are based on family size and income. No one will be denied access to services due to an inability to pay. In addition, we may be able to help you get free or low-cost health insurance or work with you to arrange a manageable payment plan.

Guthrie Financial Counseling Office: **(570) 887-2051**

Low Income Subsidy/Extra Help

Eligible beneficiaries who have limited income may qualify for a government program that helps pay for Medicare Part D prescription drug costs. Medicare beneficiaries receiving the low-income subsidy (LIS) get assistance in paying for their Part D monthly premium, annual deductible, coinsurance, and copayments.

Action for Older Persons, Inc.: (607) 722-1251

UHS Financial Assistance

If you have concerns about paying your hospital or provider bill, UHS' financial assistance program can help. Discounts are based on family size and income only. No person, regardless of ability to pay, will be refused medical services.

UHS Financial Assistance: (607) 763-6127

Veterans' Benefits

Veterans Benefits Counseling

Counseling offered to veterans, dependents, and widows/widowers on Service Benefits, applications, problem solving, and representation with the VA. Assists in applying for benefits such as pensions, compensations, blind annuity, educational services, and burial benefits.

Broome County Veteran Services: (607) 778-2147

*New York State Division of Veterans' Affairs
(607) 724-1299*

Hearing Loss

Interpreter Services

STIC provides professional sign language interpreter services for Deaf individuals, businesses, agencies, medical facilities, and government entities, with fees applicable based on specific rates and requirements.

Southern Tier Independence Center (STIC) (607) 724-2111

Employment-Related Hearing Services

Employment-Related Hearing Services Offers hearing evaluations, hearing aids and other adaptive equipment to those with significant hearing loss affecting ability to function in the workplace. Eligibility subject to means testing.

*Adult Career & Continuing Education Services
(ACCES-VR): (607) 721-8400*

Better Hearing Program

Provides hearing aids to individuals who are residents of the United States, meet financial eligibility criteria, and are approved for assistance. Call to find a local partner who can complete a hearing test and if you qualify refer you to the program.

Starkey Cares: (855) 686-2202

Help America Hear Program

Provides hearing aids for individuals with limited financial resources. Each person receives: two hearing aids, custom ear molds, and one year limited service. After an application fee, the only expenses are the cost of the hearing evaluation and batteries. Income limits apply, application and application fee required.

Foundation for Sight & Sound: (631) 366-3461

For further information on audiology and hearing loss services, please call the Broome County Office for Aging at (607) 778-2411 or Broome County NY Connects at (607) 778-2278 or toll-free at 1-800-342-9871.

Home Adaption, Repairs, & Weatherization

Adaptation

Accessibility Consultation

Offers consultation on the most efficient, inexpensive way to make a home, worksite or other building accessible to people with all types of disabilities.

*Southern Tier Independence Center (STIC)
(607) 724-2111*

Ramp It Up Program

Builds wheelchair ramps for seniors and disabled persons in Broome County. Applications are accepted throughout the year and determination is based on need and feasibility of construction. Our build season starts in late April and runs through September/October depending on the weather. Those who rent must receive signed approval from their landlord

*Broome County Council of Churches:
(607) 724-9130 ext 323*

Repairs

Home Repair Service for Seniors

Provides home repair services for seniors and disabled in Broome County. Provides labor free of charge, or for a nominal hourly fee, depending on income. Homeowner pays cost of building materials.

First Ward Action Council: (607) 772-2850

Loans for Home Repair, City of Binghamton

Deferred loans for home repair in the city of Binghamton. Single-family homes only. Applicants must be up to date on property taxes and property insurance. Loans subject to availability of funds.

City of Binghamton Housing & Urban Development (HUD): (607) 772-7028

Loans for Home Repair, Town of Union

Deferred loans for home repair in the Town of Union. One- or two-family homes considered. Applicants must be up to date on property taxes and property insurance. Loans subject to availability of funds. Town of Union includes Johnson City, Endicott, and Endwell.

Town of Union Housing & Urban Development (HUD) (607) 786-2985

Senior Helpers Program

The Senior Helpers Program maintains lists of workers who registered for tasks such as home repairs, housekeeping, shopping, transportation, companionship and other tasks. Jobs can be one-term or longer depending on the agreement between the Senior Helper and the person hiring. Workers are age 55 or older.

Broome County Office for Aging: (607) 778-6105

Southern Tier Homebuilders and Remodelers

A network of contractors, roofers, electricians, plumbers, and other industry professionals who offer basic repairs, major home repairs, or home modifications. The association provides names and phone numbers of members who will then provide an estimate for your building project.

Southern Tier Homebuilders and Remodelers Association: (607) 785-9285

The Very-Low-Income Housing Repair Program

Offers low-interest 1% loans to very-low-income homeowners and grants to those 62 years and older for home repairs. Call for information and eligibility guidelines.

USDA Rural Development: (607) 753-0851

Weatherization

Tioga Opportunities

Offers free weatherization help to eligible applicants in Broome and Tioga Counties. Funding provided by NYS Homes and Community Renewal

Tioga Opportunities, Inc.: (607) 687-4222

For a full listing of Weatherization resources, call the Broome County Office for Aging at **(607) 778-2411**.

Smart Energy Choices

Smart Energy Choices is a collaboration of Cornell Cooperative Extension associations serving eight counties in the Southern Tier region. The program helps Southern Tier residents save money and energy by connecting them to resources on energy efficiency, renewable heat, and solar.

Cornell Cooperative Extension: 607-366-0833

Housing

Broome County NY Connects

Provides information on housing options for seniors and persons with disabilities.

Broome County NY Connects: (607) 778-2278

Broome County DSS Emergency Housing

May provide assistance with emergency housing.

Broome County Department of Social Services: (607) 778-1100

City of Binghamton Housing & Urban Development (HUD)

Offers financial aid to human services agencies to promote senior programs.

City of Binghamton Housing & Urban Development (HUD): (607) 772-7028

Family-Type Homes

Regulates and keeps lists of Family-Type homes in the area.

Broome County Department of Social Services (607) 778-3029

Southern Tier Independence Center (STIC) Housing/Benefits Program

STIC works with community members and agencies to collaborate with developers and funders to bring more affordable and accessible housing into the community. STIC helps people with information on finding suitable, affordable and accessible housing, including information on rental subsidies, subsidized housing, section 8, housing vouchers, etc.

Southern Tier Independence Center (STIC)
(607) 724-2111

Town of Union Housing & Urban Development (HUD)

Rental assistance, first-time home buyer assistance, and home improvements. Grants and low-interest loans. Call for eligibility requirements.

Town of Union Housing & Urban Development (HUD)
(607) 786-2985

Apartments for Seniors

For information on local senior housing buildings, please refer to the chart on page 41-43.

Long-Term Care Facilities

For a comprehensive listing of Long-Term Care Facilities, please refer to the chart on page 39-40.

UP-Comfort Center

Provides a safe space for rest, support and resources for those who are unhoused. Clothing and hygiene products available. Sun-Fri 7:00pm-7:00am.

UP- Comfort Center: (607) 768-3066

In-Home Services

Home Health Care Agencies

For a comprehensive listing of Home Health Care Agencies, please refer to the chart on page 31-32.

For additional information and assistance with in-home services, senior living arrangements, or the potential for higher levels of care, call the Broome County Office for Aging at **(607) 778-2411**, or Broome County NY Connects at **(607) 778-2278**, or toll-free at **1-800-342-9871**.

Legal Services

General

Broome County Bar Association

Provides referrals to attorneys for ½ hour consultation. A consultation fee applies.

Broome County Bar Association: (607) 723-6331

Legal Aid Society of Mid New-York

Provides free legal advice and representation in civil court and administrative forums. Areas of representation include welfare, Social Security, Supplemental Security Income (SSI), unemployment compensation, housing, issues affecting low-income residents, divorces (limited basis), and senior concerns, including simple wills and powers of attorney. Free legal services to seniors (60 or older) on a wide range of civil legal matters. Sponsored by Broome County Office for Aging.

Legal Aid Society of Mid-New York: 1-877-777-6152

Conflict Resolution

Accord Dispute Resolution

Provides confidential mediation services in Broome and Tioga Counties. These services include Assisted Senior Citizen Communication, which uses a voluntary discussion process to aid individuals and families in creating an open line of communication to resolve disputes and create action plans. ACCORD also offers assistance with establishing custody/visitation and support agreements for children, parents and family members. As well as assists with resolving interpersonal conflicts between family, friends, neighbors or colleagues. There are also resources and services to assist with Divorce, Small Claims cases, Special Education needs, ACCES-VR and Lemon Law Arbitration. As a nonprofit center, ACCORD offers most of these services at low or no cost.

Accord: (607) 724-5153

Consumer Fraud and Protection Bureau

Helps consumers with various complaints such as landlord-tenant disputes, housing discrimination, automobile, and fraud (credit, home improvement, mail/phone orders). Provides referrals for state agency problems and consumer outreach services. Auto Arbitration to resolve disputes with car dealers.

*New York State Attorney General's Office
(607) 251-2770*

Legal Aid Society of Mid-New York

Program can assist seniors in the areas of: simple wills, powers of attorney, health care proxies, living wills, simple real estate, consumer matters and income maintenance issues. Sponsored by Broome County Office for Aging.

Legal Aid Society of Mid-New York: (607) 231-5900

Preparation of Legal Documents

Advanced Planning for End-of-Life Program

Assists with completing Health Care Proxy and advance medical directive forms. Free personal assistance available by appointment.

Action for Older Persons, Inc.: (607) 722-1251

Legal Aid Society of Mid-New York

Program can assist seniors in the areas of: simple wills, powers of attorney, health care proxies, living wills, simple real estate, consumer matters and income maintenance issues. Sponsored by Broome County Office for Aging.

Legal Aid Society of Mid-New York: 1-877-777-6152

Medical Equipment

Loan Closets

Loan closets lend equipment for home use, including electric beds, hospital beds, bed trays, tables or footstools, commodes, bedpans, urinals, canes, crutches, wheelchairs, walkers, invalid rings, hydraulic lifts, roll-away beds, air mattresses, foot cradles, side rails, foam pads, trapezes, toilet seat raisers, bathtub seats, pillow rests, hearing loss equipment such as TTYs, closed captioners, and flashers. They also provide information on adaptive equipment devices or assistance with building wheelchair ramps. Please refer to page 41 for a listing of loan closets in the area.

Medical Equipment Suppliers

Durable Medical Equipment includes wheelchairs, walkers, oxygen equipment, hospital beds, lift chairs, and other such items vital in promoting independence. Please refer to page 42 for a listing of Durable Medical Equipment suppliers in the area.

Medical Systems

Guthrie Robert Packer Hospital

1 Guthrie Square, Sayre PA
(570) 888-6666

Guthrie Lourdes Hospital

169 Riverside Drive, Binghamton NY
(607) 798-5111

UHS Binghamton General Hospital

10-42 Mitchell Avenue, Binghamton NY
(607) 762-2200

UHS Wilson Medical Center

33-57 Harrison Street, Johnson City NY
(607) 763-6000

Mental Health & Counseling

For the most up-to-date information on programs and services available for mental health, contact the Broome County Office for Aging at (607) 778-2411, or Broome County NY Connects at (607) 778-2278 or toll-free at 1-800-342-9871.

Find a Mental Health Program: Through the New York State Office of Mental Health (OMH), you can use the link below to find clinic, outpatient, crisis, and emergency services in your area. The mental health program directory found through this link provides a list of all programs in NYS that are operated, licensed, or funded by the OMH.

<https://my.omh.ny.gov/bi/pd/>

Alzheimer's & Dementia

Alzheimer's Association

Provides a broad range of programs and services for people with the disease, their families and caregivers, as well as professional care providers.

*Alzheimer's Association, Central NY Chapter
(315) 472-4201 or 24/7 Helpline (800) 272-3900*

Ford Family Wellness Center for Seniors

Provides healthcare and health and wellness services to seniors in the community. Self-referrals and referrals from providers, community agencies or individuals are accepted.

Guthrie Senior Care: (607) 798-5432

Anxiety, Depression, & Mental Health

Adult Mental Health Clinic

Offers assistance to adults in need of mental health services.
Family & Children's Society: (607) 729-6206

Advocacy for Mental Health

Provides advocates to work with mental health recipients to assist them with support services.

Catholic Charities of Broome County: (607) 773-3205

Advocacy for Mental Health

Provides aid to adults in navigating the mental health system and to understand their rights. Assists community residents and professionals in finding private therapists or other mental health programs.

Mental Health Association of the Southern Tier (MHA ST): (607) 771-8888

Binghamton Depression & Bipolar Support Group

Support group for those suffering from depression and/or bipolar disorder. Call for information.

*Binghamton Depression & Bipolar Support Group
(607) 232-8258*

Binghamton University Psychological Clinic

Offers psychotherapy and behavioral therapy for adults, families, groups, and couples for a broad range of behavioral and psychological problems.

*Binghamton University, Psychological Clinic:
(607) 777-2103*

Community Treatment & Recovery Center

Provides services to adults in need of mental health services.
Greater Binghamton Health Center: (607) 797-0680

Comprehensive Psychiatric Emergency Program (CPEP)

24-hour hotline for emotional or psychiatric emergency. In-person assessment. Educational presentations. Referrals to counseling and therapy.

*UHS Binghamton General Hospital: (607) 762-2200
or Emergency Hotline: (607) 762-2302*

Four Seasons Club

The Four Seasons social club is a welcoming space for adults living with mental health challenges, offering a safe and supportive environment to connect with peers and enhance overall well-being.

The club serves as a place to build and strengthen life skills in areas such as social interaction, independent living and employment.

*Catholic Charities Of Broome County
Four Seasons Club: (607) 773-1184*

Health Home

Provides coordinated care for those with chronic medical and/or behavioral conditions. Must have Medicaid.

Catholic Charities of Broome County: (607) 723-9991

Guthrie Binghamton Mental Health

Provides Mental Health Services to adults.

Guthrie Binghamton Mental Health : (607) 584-4465

Sunrise Wellness

Offers a variety of free groups for adults 18+ focusing on mental health wellness and recovery. It is opened Monday – Friday.

*Mental Health Association of the Southern Tier:
(607) 771-8888*

Warm Line

A confidential, free phone service that provides mental health support to individuals who may be struggling but are not in immediate crisis. Warm Lines are staffed by peers who have personal experience with mental health challenges, allowing callers to access support before a situation escalates into a full crisis. The MHA ST Warm Line is a phone line answered 24/7 by Direct Support Professional staff.

*Mental Health Association of the Southern Tier:
(607) 240-7291*

Counseling

Family & Children's Society

Mental health counseling is available to help those who have experienced trauma and have emotional concerns, as well as those who need support with their daily struggles.

Family & Children's Society: (607) 729-6206

Samaritan Counseling Center

Provides spiritually-sensitive counseling, consultation, and education to people of all ages, couples, groups, and families on a variety of mental health issues. Samaritan counselors are clinically-trained professionals with Master's and/or Doctoral degrees in counseling and psychotherapy. Accepts most insurance plans, reduced fees for persons with low income or no insurance.

*Samaritan Counseling Center of the Southern Tier
(607) 754-2660*

Southern Tier Independence Center (STIC)

Counseling services any person of any age who self-identify as having a disability and their families. Counseling is also available for children ages 5-21 who have a dual diagnosis of an intellectual disability and a mental health concern.

Southern Tier Independence Center: (607) 724-2111

Veterans

Binghamton Veterans Center

Provides counseling, workshops, classes and referral services to connect to other services.

Binghamton Veterans Center: (607) 722-2393

Binghamton VA Community Based Outpatient Clinic

Provides primary care and specialty health services, including mental health care, physical and occupational therapy, prosthetics, audiology, radiology, vision care (optometry), laboratory and pathology services, programs to help you stop smoking and using tobacco, telehealth, whole health (acupuncture, massage, reiki) and more

*Binghamton VA Community Based Outpatient Clinic
(607) 772-9100*

Broome County Veterans Service Agency

Provides counseling to veterans, dependents, and widows/widowers regarding service benefits such as pensions, compensations, blind annuity, educational services, and burial benefits.

*Broome County Veterans Service Agency
(607) 778-2147*

Clear Path For Veterans

Clear Path for Veterans, a non-profit organization, is Upstate New York's archetype Veteran Service Organization serving as a hub of information, programs and resources. As a single point of contact for Veterans, military members and their families, Clear Path engages, supports, and makes it easy to connect with what you need with commitment to providing a welcoming place to call home.

Clear Path For Veterans: (315) 687-3300

Veterans Crisis Line

The Veterans Crisis Line is a resource provided by the Department of Veterans Affairs (VA) which connects veterans and service members in crisis and their families and friends with information and qualified, caring VA responders through a confidential, toll-free hotline, online chat and text messaging service. Veterans and their families and friends can call 1-800-273-8255 and press 1, chat online at www.veteranscrisisline.net, or send a text message to 838255 to receive support from specially-trained professionals, 24 hours a day, 7 days a week, 365 days a year.

*Department of Veterans Affairs, Veterans Crisis Line
Call 988 and press 1 to contact the Veterans Crisis Line. Or call 1-800-273-8255 and press 1*

Personal Emergency Response Systems

Personal Emergency Response Systems (PERS) let you call for help in an emergency by pushing a button. Most are fee-based with an installation fee and monthly monitoring charge.

Caring Responders

(A Division of Lincare)

Device is installed by local Lincare office and service is provided through a call center located elsewhere. No activation fee for landline service.

Lincare, Caring Responders: (866) 993-0661

Connect America

Offers fall detection for \$10 more. Lock Box. May have some start up fees waived when mentioning Office for Aging.

Connect America: 1-800-815-5809

Great Call "Lively Mobile"

Tioga Opportunities, Inc., has a partnership with Great Call to offer discounted product and service rates for customers who use the referral code "TIOGA". This applies even for Broome County NY residents.

Great Call "Lively Mobile": 1-866-359-5606

Freedom Alert by LogicMark

No contracts and no monthly fees. 30-day return policy
Can purchase extra pendants. Pendant has range of 600ft from base, with in-pendant speaker.

Freedom Alert by LogicMark: (800) 953-5211 ext 2

LifeFone

No activation, contract, or cancellation fees. Has voice in pendant option. Also offer fall detection, daily check in service, activity assurance (daily reminder to check in with the call center), medication reminders. LifeFone also has mobile APPS. Can also bundle home monitoring for CO gas and fire/smoke detection.

LifeFone: 1-877-453-2961

Medical Guardian

Several options available, including option for fall detection. No contract or activation fee. Cost for equipment varies, with an option to rent equipment. No contract or activation fee.

Medical Guardian: (800) 668-9200

Lifeline

Fall detection; In-pendant speaker.

Lifeline: 1-855-681-5351

UHS Twin Tier Home Emergency Alarm Response

UHS Provides a reduced rate on the monthly rental fee of a PERS unit to consumers who cite the Broome County Office for Aging as their referral source when they call. No contract, you may cancel at any time.

UHS Professional Home Care: (607) 763-8952

Physician Referral

Broome County Medical Society

Provides physician referral.

Broome County Medical Society: (607) 772-8493

Guthrie Find a Provider Program

Online at www.providers.guthrie.org/

UHS Choose a Provider Program

Online at www.nyuhs.org/choose-a-provider

Rehabilitation

To see a complete listing of Long-Term Care Facilities which offer short-term rehabilitation services, please refer to the chart on page 35-36.

Senior Centers

Senior centers promote wellness and social activities for older adults through programs such as exercise classes, crafts, games, dancing, tax and benefits counseling, special dining events and daily lunches. The lunch program at the senior centers is sponsored by the BC Office for Aging. Those are 60+ and their spouses of any age can dine for a suggested contribution. No one is denied lunch for their inability or unwillingness to pay. Those who are under 60 must pay for their lunch.

Broome West Senior Center

Located in Endwell. Operated by BCOFA.

Open 9:00 AM to 3:00 PM, M-F

Lunch served at noon. Reservation required.

Call (607) 785-1777.

Call for information on activities offered.

Broome West Senior Center: (607) 785-3427

Chenango Bridge Senior Center

Located in Chenango Bridge. Operated by BCOFA.

Open 10 am-2 pm, Mondays, Wednesdays and Fridays

Lunch is served around Noon. Reservations required.

Call for information on activities offered.

Chenango Bridge Senior Center: 607-663-0406

Deposit Senior Center

Located in Deposit. Operated by BCOFA.

Open 9:00 AM to 2:00 PM, T/Th

Lunch served at 12:30 PM. Reservation required.

Call for information on activities offered.

Deposit Senior Center: (607) 467-3953

Eastern Broome Senior Center

Located in Harpursville. Sponsored by BCOFA.

Open 9:00 AM to 2:30 PM, M-F

Lunch served at noon. Reservation required.

Call for information on activities offered.

Eastern Broome Senior Center: (607) 693-2069

First Ward Senior Center

Located in Binghamton. Operated by City of Binghamton. Sponsored by BCOFA.
Open 8:30AM to 3:30PM, M - F
Lunch served at 11:45 AM. Reservation required. Call (607) 729-6214.
Call for information on activities offered.
First Ward Senior Center: (607) 797-2307

Johnson City Senior Center

Located in Johnson City. Operated by Johnson City Senior Center, Inc. Sponsored by BCOFA.
Open 9:00 AM to 4:00 PM M-TH, F 9:00 AM to 2:00 PM
Lunch served at 11:45 AM. Reservation required.
Call (607) 797-1149.
Call for information on activities offered.
Johnson City Senior Center: (607) 797-3145

Northern Broome Senior Center

Located in Whitney Point. Operated by BCOFA.
Open 9:00 AM to 3:00 PM, M - F
Lunch served at noon. Reservation required.
Call for information on activities offered.
Northern Broome Senior Center: (607) 692-3405

Vestal Senior Center

Located in Vestal. Operated by BCOFA.
Open: M-F, 9:00 AM to 2:00 PM
Lunch served at 11:45 AM. Reservation required.
Call for information on activities offered.
Vestal Senior Center: (607) 754-9596

Snow Removal

Broome County NY Connects

Maintains a list of vendors and individuals who do snow removal for a fee.
Broome County Office for Aging: (607) 778-2411

Senior Helpers Program

Senior Helpers program provides list of workers who are 55+ and who registered for snow or ice removal. You can hire your own workers utilizing the list shared with you. Call 607-778-6105 to request the list.
Broome County Office for Aging: (607) 778-6105

Social, Recreational & Learning Activities

For information on social and recreational activities offered at Broome County Senior Centers, see “Senior Centers” on pages 20-21.

American Civic Association

Promotes communication between ethnic groups and the community.
American Civic Association: (607) 723-9419

Broome County Arts Council

Promotes and support a thriving arts community. Serves as the primary local arts fundraiser, arts advocate and cultural information resource for the arts community and the general public.
Broome County Arts Council: (607) 723-4620

Broome County Libraries

Broome County Public Library
185 Court Street, Binghamton NY
(607) 778-6400

Deposit Free Library
159 Front Street, Deposit NY
(607) 467-2577

George F. Johnson Memorial Library
1001 Park Street, Endicott NY
(607) 757-5350

Fenton Free Library

1062 Chenango Street, Binghamton NY
(607) 724-8649

Lisle Free Library

8998 Main Street, Lisle NY
(607) 692-3115

Mary Wilcox Memorial Library

2630 Main Street, Whitney Point NY
(607) 692-3159

Vestal Public Library

320 Vestal Parkway East, Vestal NY
(607) 754-4243

Your Home Public Library

107 Main Street, Johnson City NY
(607)797-4816

GetSetUp

Online platform for older adults to learn, connect, and share with peers in small, virtual groups. Classes include fitness, history, cooking, music, computer/ technology, and discussions on various topics.

To access free online classes visit:

<https://www.getsetup.io/partner/nystate>

Lyceum Program

Life-long learning opportunities promoting discussion and participation for learners over 50 years of age. Classes offered on a wide range of subject matters during day, evening, and occasionally weekends. Day trips providing learning experiences may also be offered.

Lyceum at Binghamton University: (607) 777-2587

SUNY Broome Community College

Continuing education program for businesses or individuals looking to learn something new and fun with friends, develop professional skills, earn a micro credential, or a certificate program.

SUNY Broome Continuing Education Department:

(607) 778-5012

Email: workforce@sunybroome.edu

Virtual Senior Center Program

provides free access to online activities and classes that help participants to stay engaged and connect with others while learning new skills or staying active. The Virtual Senior Center program is available for free to Broome County residents age 60+. A variety of classes about history, arts and crafts, computer training and exercise are offered each month.

Call (607) 778-2411 to enroll.

Taxes

2-1-1/First Call for Help

Call for assistance in scheduling a local appointment with an AARP tax volunteer.

2-1-1/First Call for Help: **Dial 2-1-1 or (800) 901-2180**

AARP's Tax Aide Program

AARP's tax counselors help people over 50 or low-income individuals file state and federal income taxes for free. Available February 1st through April 15th. Call the Broome County Office for Aging for information on hours and locations.

Broome County Office for Aging: (607) 778-2411

Property/School Tax Reduction Information

Office for Aging provides general information about benefits such as STAR, Real Property Senior Tax Exemption, and IT-214 tax rebate program. If you need more information contact your local tax assessor office.

Broome County Office for Aging: (607) 778-2411

Taxpayer Advocate Service

Represents the interest and concerns of taxpayers within the IRS by protecting taxpayers' rights and resolving problems which have not been fixed through normal means.

US Internal Revenue Service (IRS): (877) 777-4778

Transportation

Ambulette Service/Medical Transportation

Non-emergency medical transportation, sometimes referred to as Ambulette Service, provides fee-based door-to-door service when full ambulance/emergency transport service is not necessary and curb-to-curb transportation, such as a taxi or BC Lift, is not adequate

for the situation. Additionally, ambulette service offers special needs assistance, especially for persons with mobility issues. For a list of providers, please refer to your local telephone directory Yellow Pages under “Ambulette Services.”

Donson Transportation: (607) 786-4444

HTM MedTrans: (607) 321-8520

Redivan: (607) 235-9112

Southern Tier/Serafini: (607) 772-8500

BC Country

Provides curb-to-curb transportation for Broome County residents who live in rural areas of the county and wish to travel to the urban areas within Broome County. Buses are equipped with wheelchair lifts. Length of trip varies with number of passengers. Reservations are required. No service on most major holidays. \$2.00 suggested contribution per one-way ride for seniors.

Broome County Transit: (607) 763-4464

Application information: (607) 778-2411

Ride reservations: (607) 275-5142

BC Lift

Provides curb-to-curb service for person with disabilities who live within the urban areas of Broome County. Applicants must meet eligibility requirements, including certification by physician or social service agency as having a physical, visual or mental disability which prevents use of regular Transit system. Reservations are required. No service on most major holidays. \$3.00 fare per one-way ride.

Broome County Transit: (607) 763-4464

Application information: (607) 778-2411

Ride reservations: (607) 275-5155

BC Transit Fixed Route Buses

Scheduled bus service routes available throughout the Broome metropolitan area. Route information and bus schedules available at transfer station locations, public libraries, and various agencies serving seniors. All buses are wheelchair accessible.

Senior Discount Program provides BC Transit bus transportation services at a discounted rate to seniors with a Broome County Office for Aging ID card. Call the Office for Aging at (607) 778-2411 to apply for an ID card; proof of age required. Discounts on monthly bus passes also available to seniors with this card.

Broome County Transit: (607) 763-4464

Binghamton VA Community-Based Outpatient Clinic Transportation

Free transportation to and from VA Medical Center in Syracuse, weather permitting, for veterans with a pre-arranged appointment. Must arrive at the Binghamton VA Outpatient Clinic 15 minutes prior to scheduled departure. Call for information.

Binghamton VA Community-Based Outpatient Clinic (607) 772-9100

Faith in Action Volunteer Drivers

The Faith in Action program, provided by the Broome County Council of Churches, provides non-emergency, transportation to medical appointments through a network of volunteers. Pre-registration with the program and needs assessment is required.

Broome County Council of Churches: (607) 724-9130

Getthere Transportation Call Center

Getthere helps older adults and caregivers navigate and access transportation options and receive travel training.

Call (607) 296-2509

Office for Aging (OFA) Mini-Bus

Provides curb-to-curb transportation service for Broome County seniors aged 60 and older with Office for Aging ID card. Transportation throughout the urbanized area of Broome County. Buses are equipped with wheelchair lifts. Reservations are required; suggested contribution of \$2.50 per one-way ride. No service on most major holidays.

Broome County Transit: (607) 763-4464

Application information: (607) 778-2411

Ride reservations: (607) 275-5164

Road to Recovery Program

Volunteers through the American Cancer Society provide rides to treatment appointments for cancer patients who have no one to take them.

American Cancer Society: (800) 227-2345

Senior Helpers Program

Senior Helpers program provides list of workers who are 55+ and who registered for assistance with transportation. You can hire your own workers utilizing the list shared with you. Call 607-778-6105 to request the list.

Broome County Office for Aging: (607) 778-6105

For additional information on transportation options for seniors, call the Broome County Office for Aging at (607) 778-2411.

Vision Assistance

Association for Vision Rehabilitation & Employment (AVRE)

Serves people of all ages who are blind or visually impaired. Offers a range of learning, living, and working options for people experiencing vision loss.

Association for Vision Rehabilitation & Employment (AVRE): (607) 724-2428

EyeCare America

EyeCare America® is a public service program of the American Academy of Ophthalmology. Its goal is to provide uninsured and underinsured individuals 18 years and older with access to medical eye exams. It does this by matching patients with a volunteer ophthalmologist in their area. Ophthalmologists are the only eye doctors with a medical degree.

EyeCare America (877) 887-6327

Lions Club International

Lions Clubs sponsor local sight conservation programs such as free eyecare screenings, an eyeglass recycling program, and access to corneal transplants and cataract surgeries. Other Lions Club programs provide accessibility support, such as white canes and guide dogs, as well as assistive technologies such as large-print texts, reading aids, voice-activated and talking devices, and Braille equipment. Contact information for local Lions Club representatives is available by calling First Call for Help at 2-1-1.

Lions Club International, NY District 20-Y1 (630) 571-5466

National Library Service for Blind and Print Disabled

National Library Service (NLS) is a free braille and talking book library service for people with temporary or permanent low vision, blindness, or a physical disability that prevents them from reading or holding the printed page. Through a national network of cooperating libraries, NLS circulates books and magazines in braille or audio formats, delivered by postage-free mail or instantly downloadable.

Visit: <https://www.loc.gov/nls/> or call National Library Service for Blind and Print Disabled: (202) 707-5100

Southern Tier Independence Center (STIC)

Provides advocacy for those with vision impairment. Offers professional counseling, support groups, architectural barrier consultation, loan closet, sign language interpreter referral service, listening library, transportation, housing and employment assistance, braille, reader and scribe service. Also offers the

Volunteer Opportunities

Action for Older Persons

Act as a counselor for HIICAP (Health Insurance Information Counseling and Assistance Program) or as an ombudsman for individuals in long term care.

Action for Older Persons, Inc.: (607) 722-1251

American Red Cross – Southern Tier Chapter

Act as a greeter or help with intake information at blood drives. Assist with making phone calls and connecting people with services following a disaster.

*American Red Cross – Southern Tier Chapter:
(607) 785-7207, press option 8*

Broome County Dog Shelter

Assist with cleaning, laundry, or office support.

Broome County Dog Shelter: (607) 778-2493

Broome County Foster Grandparent Program

Volunteer in local elementary or early education programs. Earn a stipend plus mileage. Must be 55+ and income eligible.

*Call Broome County Foster Grandparent Program:
607-778-2089*

Broome County Humane Society

Assist with cleaning, laundry, or working in cat rooms.

Broome County Humane Society: (607) 724-3709

Broome County Senior Centers and Group Respite Program

See page 1 and pages 20-21.

Cornell Cooperative Extension of Broome County

Participate in master gardener or master composter programs; act as a garden assistant or 4-H assistant.

*Cornell Cooperative Extension of Broome County:
(607) 772-8953*

Discovery Center of the Southern Tier

Help with children's activities and events, such as scavenger hunts, craft-making, and hand-on learning.

Discovery Center of the Southern Tier: (607) 773-8661

Endicott Performing Arts Center (EPAC)

Support live theater events by helping with ushering, taking tickets, operating the concession stand, and other possible opportunities.

*Endicott Performing Arts Center (EPAC):
(607) 785-8903*

Faith in Action - Broome Co. Council of Churches

A variety of opportunities for those who want to help older adults remain active and independent. Services include medical transportation, grocery shopping and friendly visits.

*Faith in Action - Broome Co. Council of Churches:
(607) 724-9130 ext 304*

Getthere Mobility Management

This program, which is part of the Rural Health Network of South Central NY, seeks volunteer drivers to take individuals to medical appointments, shopping.

*Rural Health Network of South Central NY:
(607) 692-7669*

Kopernik Observatory & Science Center

Help at special events and programs, act as a docent by greeting visitors, giving tours, and answering questions, or assist in the gift shop.

*Kopernik Observatory & Science Center:
(607) 748-3685 or email info@kopernik.org*

Lyceum Program

Opportunities to share an area of interest or expertise with others by giving a presentation or teaching a class. Serve on programming, long-range planning, or social committees, act as a classroom assistant or tech volunteer, are among the ways to get involved.

Lyceum at Binghamton University: (607) 777-2587

Meals on Wheels of Broome County

(Covering Binghamton and eastern parts of Broome County) Opportunities for drivers and friendly visitors to deliver meals during lunchtime hours.

Broome County Office for Aging: (607) 778-2411

Meals on Wheels of Western Broome

(Covering Johnson City, Vestal, and western parts of Broome County)

Opportunities for drivers and friendly visitors to deliver meals during lunchtime hours.

Meals on Wheels of Western Broome: (607) 754-7856

Mental Health Association of the Southern Tier

Volunteer at events and special programs.

Mental Health Association of the Southern Tier (MHASt): (607) 771-8888

Phelps Mansion Museum

Act as a docent, provide tours of the mansion, welcome visitors as a greeter, or assist with special events and programs.

Phelps Mansion Museum: (607) 722-4873

Retired & Senior Volunteer Program (RSVP) of Broome County

This program which operates through AmeriCorps Seniors matches volunteers aged 55 and older with volunteer opportunities in the community.

RSVP of Broome County: (607) 729-9166

Roberson Museum & Science Center

Assist with special events, exhibit openings, providing tours, mailings, and other possible areas.

Roberson Museum & Science Center: (607) 772-0660

Ross Park Zoo

Opportunities include giving animal exhibit tours/highlights to visitors, helping with school groups, and providing help on the zoo grounds. New training programs are being launched for volunteers and all materials will be provided.

Ross Park Zoo: (607) 724-5461

YWCA Binghamton and Broome County

Assist with special events or volunteer for a set number of hours on a weekly basis.

YWCA Binghamton and Broome County: (607) 772-0340

United Way of Broome County

Broome County's volunteer headquarters.

United Way of Broome County: (607) 240-2000
uwbroomevolunteers.org

Wellness & Fitness

Office for Aging Health & Wellness Exercise Options

To explore Health & Wellness Exercise classes review the most current edition of the Senior News. Available classes may include classes held in person at local senior centers or offered online through Zoom. If you do not have a computer and/or the Internet, a phone number will be provided so that you may call into classes offered

through Zoom. Advanced registration is required for most classes. To obtain more information and sign up, please call **(607) 778-2411**

Chair Exercises that are a low-impact way for you to burn calories and move your joints and muscles. You can remain seated in a comfortable chair during this program.

Bingocize® is a 10-week health promotion program that combines the game of bingo with fall prevention exercise.

Tai Chi for beginners is an 8-week evidence-based program. That features Sun-style Tai Chi movements, developed by Dr. Paul Lam. This program has been proven to prevent Falls, and is particularly beneficial to those with Arthritis.

Broome County Office for Aging

Offers a variety of wellness education programs which cover topics ranging from proper nutrition and exercise to overall well-being. Offers special events with other community organizations.

Broome County Office for Aging: (607) 778-2411

Flex & Fuel Bingo

With our new program Flex & Fuel Bingo, we start with a few of the most important tips to eating healthfully, then together we will do some flex exercises to improve range of motion/balance. Between the Flex Exercises, we will integrate bingo for fun and a small prize to help inspire good nutrition.

Walk with Ease is a 6-week, evidence-based physical activity program developed by the Arthritis Foundation to encourage people, particularly those with arthritis and other chronic conditions like diabetes or heart disease, to start and maintain a regular walking routine. It's designed to help participants learn how to walk safely and comfortably, manage pain, reduce stiffness, and build stamina.

Nutrition Education Group classes to promote well-being and demonstrate how to make healthy lifestyle choices. Classes are held at local senior centers throughout the year.



PREVENTIVE & SCREENING SERVICES COVERED BY MEDICARE PART B

Did you know that Medicare covers many preventive services to help beneficiaries remain healthy? CMS Publication (#10110) titled *Your Guide to Medicare Preventive Services* details all these services offered and how frequently they can be accessed. This guide states "Preventive services can find health problems early, when treatment works best, and can help keep you from getting certain diseases. Preventive services include exams, shots, lab tests, and screenings. They also include programs for health monitoring, and counseling and education to help you take care of your own health."

- Abdominal aortic aneurysm screening
 - Alcohol misuse screenings & counseling
 - Bone mass measurements (bone density)
 - Cardiovascular disease screenings
 - Cardiovascular disease (behavioral therapy)
 - Cervical & vaginal cancer screening
 - Colorectal cancer screenings
 - Multi-target stool DNA tests
 - Screening barium enemas
 - Screening colonoscopies
 - Screening fecal occult blood tests
 - Screening flexible sigmoidoscopies
 - Depression screenings
 - Diabetes screenings
 - Diabetes self-management training
 - Flu shots
 - Glaucoma tests
 - Hepatitis B shots
 - Hepatitis B Virus (HBV) infection screening
 - Hepatitis C screening test
 - HIV screening
 - Lung cancer screening
 - Mammograms (screening)
 - Medical nutrition therapy services
 - Nutrition therapy services
 - Obesity screenings & counseling
 - One-time "Welcome to Medicare" preventive visit
 - Pneumococcal shots
 - Prostate cancer screenings
 - Sexually transmitted infections screening & counseling
- Shots:**
- COVID-19 vaccines
 - Flu shots
 - Hepatitis B shots
 - Pneumococcal shots
 - Shingles shot
 - Tobacco use cessation counseling
 - Yearly "Wellness" visit

If you want a copy of this publication, you can order it by going to www.medicare.gov, then typing order publication 10110 in the search bar or by calling Medicare at 1-800-Medicare (1-800-633-4227). You may also get this publication at the AOP office when we have it in stock. Call us (607) 722-1251.

For more information on Medicare Preventative Services, please contact Action for Older Persons at 607-722-1251

Section Two: HOME HEALTH CARE INFORMATION

Introduction

Every effort has been made to ensure the information included is accurate and up to date. However, information of this nature may change periodically. Inclusion in the directory does not constitute endorsement by The Broome County Office for Aging.

Please contact the agency directly, or call Broome County NY Connects at (607) 778-2278 or 1-800-342-9871 for the most timely and detailed information

A glossary of most frequently provided services is followed by descriptions of different types of programs and agencies.

Long-Term Care (LTC) refers to care required by some children and adults with disabilities that can range from help with household tasks to skilled nursing services and can be delivered in a variety of care settings, including home, adult home, and nursing facilities.

Acute care is care required by a client/patient for a short period, usually until an underlying condition is resolved. Acute care is delivered in a variety of settings, including home, hospitals, and nursing facilities.

The agencies listed strive to keep a person at home by offering services that supplement those provided by family members and friends to meet both acute and long-term care needs.

For information on agencies that provide the following services see the chart on page 31-32.

For a listing of Loan Closets and Durable Medical Equipment suppliers see the chart on page 42.

Glossary

Companion Aide: Provides companionship for a client/patient and assistance with tasks such as homemaking, meal planning and preparation, shopping, and transportation.

Home Health Aide: Paraprofessional caregivers through New York State-approved programs provide hands-on personal care, expanded health-related tasks when trained and supervised by a Registered Nurse, and light homemaking tasks.

Home Health Care Case Management: Coordination of a client/patient's health care services to ensure appropriate, quality care as their health care and social needs change.

Home Health Care Information & Referral: Service to answer questions and guide the client/patient to appropriate services.

Homemaker: Assists with domestic tasks such as light housekeeping, laundry, shopping, and meal preparation.

Infusion Therapy: Intravenous medication administration, for therapeutic purposes. Infusion therapy may include administration of antibiotics, hyperalimentation, chemotherapy, pain control medicines, hydration fluids, and selected blood products.

Licensed Practical Nurse (LPN): Provides a broad range of nursing services, including administration of prescription medicines, insulin injections, and monitoring of vital signs.

Master Social Work (MSW): This licensed professional assesses the social and emotional factors impeding the client/patient's ability to cope with problems of daily living. Counsels and assists clients/patients and their families to understand and follow a medical treatment plan. Provides services to restore optimum health and social adjustment.

Medicare Direct Billing: Some programs specialize in accessing and locating services for Medicare and Medicaid recipients. Some home health care agencies, referred to as Certified Home Health Agencies (CHHA) are certified to bill Medicare directly for services. Some may also accept payment from Medicaid.

Nutrition Education: Provides nutritional services to the client/patient as prescribed by their physician, including nutrition assessment and counseling to meet normal and therapeutic needs.

Occupational Therapy (OT): Performs diagnostic tests, measurements and evaluations such as mobility of joints, strength and endurance of muscles. Initiates and applies appropriate preventive, therapeutic, and rehabilitative occupational therapy procedures and techniques.

Personal Care Aide (PCA): Trained paraprofessionals assist sick or disabled individuals with personal care and homemaking tasks.

Physical Therapy (PT): Performs diagnostic tests and evaluations such as joint mobility, stability and appearance of walking, strength and muscle endurance.

Registered Nurse (RN): Performs all nursing functions, including the most highly technical procedures, such as caring for clients/patients on ventilators or providing home infusion therapy. Performs client/patient assessments, initiates nursing services, and makes appropriate referrals. Takes the role of a case manager in a certified agency.

Respiratory Therapy (RT): Employs specific testing techniques to assist in diagnosis, monitoring, and treatment of those with respiratory problems. Provides respiratory rehabilitation, appropriate instruction, and supportive counseling for the client/patient and family until the optimum level of recovery is achieved.

Shopper Service: Agency workers visit a client/patient's home to help prepare a grocery list. Shopper visits the grocery store and returns all purchases to the client/patient's residence. Some assistance is available to help put items away. Arrangements can be made regarding handling of client/patient money, food stamps or checks, payment of utility bills, prescriptions, and other banking needs.

Sleepover: Services provided overnight in an eight-hour or longer shift while the client or family sleeps.

Speech Therapy: Assesses and evaluates client/patient's needs for speech, language, and/or audiology services. Applies appropriate preventive, therapeutic, and rehabilitative procedures and techniques.

Twenty-Four-Hour Care: Services can be provided or arranged for "around-the-clock."

Twenty-Four-Hour On-Call: Availability of staff 24 hours a day, 7 days a week, to screen calls and coordinate or provide services as necessary.

Program Descriptions

Expanded In-Home Services for the Elderly Program (EISEP): EISEP is a community-based, non-medical program sponsored by the Broome County Office for Aging. It provides ongoing case management and home care services to older adults, incorporating a cost-sharing feature based on a client's income and housing expenses. A comprehensive independent assessment by a case manager will determine the client's need and ability to pay. Any Broome County resident aged 60 or over who is experiencing difficulty with activities of daily living (dressing, bathing, meal preparation, eating, shopping, laundry, or housework) is eligible.

Broome County Office for Aging: (607) 778-2411

Guthrie Hospice Vestal: Hospice is primarily a home care program which offers care for terminally ill clients/patients in their residences or in a nursing home. Hospice supports the family in caring for and enabling the client/patient to live at home for as long as possible. When additional care is needed, the Hospice Inpatient Program can provide relief for the client/patient and family in the hospital who elect noncurative care. In New York State, this program covers all of Broome and Tioga counties, as well as parts of Chenango and Delaware counties. In Pennsylvania, it covers part of Susquehanna county. The program aims to improve the quality of life of the client/patient and family by providing physical comfort, pain management, and emotional/spiritual support. Hospice also provides social work support, medical consultation, medication management, bereavement, and pastoral care. The Hospice accepts Medicare and Medicaid, as well as many other insurance plans. If necessary, Hospice will assist with financial planning.

Guthrie Hospice Vestal: (607) 798-5692

VA Home-Based Primary Care (HBPC): Offers primary health care in the home. A team of VA HBPC providers (including Nurse Practitioners, RNs, Social Workers, Rehabilitation Therapists, and Dieticians) visit the veteran and caregiver in the home. Services include complete history and physical exam, laboratory tests, EKG, home oxygen monitoring, ongoing medical care, educating the veteran and the caregiver about diet, exercise, medications and community resources, as well as palliative care, when indicated. The VA Pharmacy provides medications (mailed to the home) and supplies. Home equipment and adaptive devices may also be ordered to support the veteran's independence in the home. The goals of VA HBPC are to assist the veteran and caregiver to avoid hospitalizations and to prevent premature nursing home placement.

Binghamton VA Outpatient Clinic: (607) 772-9100

Agency Descriptions

Broome County Community Alternative Systems

Agency (CASA): CASA is a division of the Department of Social Services. CASA nurses can provide information on Medicaid programs and care options that may be available to Broome County residents. Our nurses can explain the new process for initial home care assessments and what one should expect during and after that assessment. CASA may also be able to complete the Patient Review Instrument (PRI) and Screen that is required for anyone seeking placement in a NYS nursing home.

CASA: (607) 778-2420

Certified Home Health Agency (CHHA): A home care agency certified by New York State to comply with Medicare regulations and bill Medicare directly for services provided. A CHHA provides home care and support to those with short-term, intermittent, skilled health care needs, and can arrange for medical supplies, equipment, and appliances. Traditional home care services provided, including skilled nursing, physical, occupational and speech therapies, medical social services, and home health aides. Payment also accepted from third-party payers (Medicaid, private insurers).

Licensed Home Care Service Agency (LHCSA): LHCSAs provide a wide range of services, from companion aides to skilled nursing, the most common being personal care and home health aide services. Payment may be accepted from private pay or from third-party payers such as HMOs or other private insurers.



HOME HEALTH CARE AGENCIES: If you are interested in exploring what programs might be available to assist with the cost of home health care, please contact Broome County NY Connects at 607-778-2278		Medicare Direct Billing	24 Hour on Call	24 Hour Care	Case Management	Social Worker
All Metro Health Care	607-777-9891		X	X		
Around the Clock Homecare	607-746-7455		X	X		
CareGivers	607-770-1125		X	X	X	X
Compassionate Care	607-757-2550		X	X	X	X
Comfort Keepers	607-272-0444		X	X		
Home Instead Senior Care	607-723-3600		X	X		
Interim HealthCare	607-722-6461		X	X	X	
Guthrie Home Care *Requires skilled need and doctor's referral	607-772-1598	X	X		X	X
Stafkings	607-772-8080		X	X	X	
UHS Home Care / Twin Tier *Requires skilled need and doctor's referral	607-763-8946	X	X		X	X
United Methodist at Home	607-775-6410		X	X	X	
Wood Private Home Care	607-725-6625		X	X		
VA Medical Center	800-792-4334				X	X

*For complete agency contact information please contact the agency or NY Connects at 607-778-2278

HOME HEALTH CARE AGENCIES

Home Maker	Shopper Service	Companion Aide	Home Health Aid (hands on)	Licensed Practical Nurse	Registered Nurse	Nutrition Education	Infusion Therapy	Respiratory Therapy	Occupational Therapy	Physical Therapy	Speech Therapy
X	X	X	X		X						
X	X	X		X	X						
X		X	X		X						
X	X	X	X		X						
X	X	X									
X	X	X									
X	X	X	X	X	X						
			X	X	X	X	X	X	X	X	X
X	X	X	X	X	X						
X	X		X	X	X	X	X		X	X	X
X	X	X	X		X						
X	X	X									
				X	X	X			X	X	

Updated June 2025

Section Three: LONG-TERM CARE

LONG TERM CARE OPTIONS

Many long-term care services are available for elders. It is important to understand the various levels of care associated with providing such services. When a person must decide the best arrangements for meeting personal and health care needs, the following options are available:

For information on facilities that provide the different levels of care described below see chart on page 35-36.

Independent Living: Affiliated with long-term care facilities, these apartments are available for well elderly and are handicap accessible. Safety devices are frequently provided – such as grab bars, emergency call bells. Residents care for themselves and the apartment.

Home Health Care Services: Services range from personal care assistance to nursing services to physical therapy. Services are provided in the home by qualified home health care agencies and staff. Some long-term care facilities offer home health care services to their residents and some also make these services available to community residents.

Adult Care Facilities: This level of care is intended for people who need 24-hour supervision. These facilities offer long-term, supportive residential care, including a private or semi-private room, all meals and snacks, housekeeping, laundry, assistance with self-administration of medications, personal care assistance, case management services, and structured activities. Adult Care may be paid for privately or in some cases by Social Security Income (SSI).

Enriched Housing Program: Provides long-term residential care to adults, including an individual apartment, some meals, housekeeping, laundry, some supervision, assistance with self-administration of medications, personal care assistance, case management services, and structure activity programs.

Assisted Living Residence: Specifically designed by law as an entity that provides or arranges for housing, onsite monitoring, and personal care and/or home care services

in a home-like setting for five or more adults. Daily food services, 24-hour onsite monitoring, case management services, and the development of an individualized service plan for each resident are included. Residents must be continent or able to manage incontinence independently. Must be able to walk and transfer out of bed or a chair independently.

Assisted Living Program: This program is an alternative to nursing home care, allowing individuals that would otherwise relocate to a nursing home to instead receive home care services in an Adult Care Facility or Enriched Housing Program. This is a Medicaid-certified program with a limited number of Medicaid beds available in each region. Resident must be continent or able to manage incontinence independently, must be able to walk independently, cannot be receiving hospice care and can keep their own Primary Care doctor.

Enhanced Assisted Living Residence: This long-term care option offers more specialized services and more intense supervision than are available in Adult Care Facilities, Enriched Housing Programs, and Assisted Living Residences. Individuals may receive assistance with management of incontinence, walking, or transferring. Hospice services can be provided in this setting. Residents can only receive 24-hour care if (1) the resident hires the necessary staff, (2) the resident's physician and home care agency decided the care can be safely delivered in the setting, (3) the facility provides or arranges services, and (4) the resident agrees with the plan.

Special Needs Assisted Living Residence: This certification allows Assisted Living Residences to offer more specialized services and more intense supervision to individuals with advanced stages of Alzheimer's and dementia. With the tendency to wander, less ability to receive direction, and requiring more frequent cueing and one-on-one assistance, people with Alzheimer's or dementia can be kept safe and healthy in this long-term care setting.

Skilled Nursing Facility: These facilities provide 24-hour medical care. A variety of professional and licensed staff assures that each person's needs are met. Care is planned using input from residents, family, physicians, and facility staff. Care can be provided on a long-term or short-term basis, depending on the client's needs.

Dementia Units: Units are tailored to residents with memory-related problems including Alzheimer's and dementia. These units offer specialized programming, staffing patterns, and safety features.

Rehabilitation Units: Units are tailored to residents with short-term rehabilitation needs. The goal is to help a person return to her/his level of functioning prior to an illness, injury, or surgery. The type of care and length of stay are tailored to the person's individual needs. Medicare may pay for this type of care for up to 100 days.

Continuing Care Retirement Community: Residential campuses that provide a continuum of care from independent living to assisted living and skilled nursing care, all in one location. These communities are designed to offer active seniors with an independent lifestyle the privacy of their "own home" with health-related services available if necessary. The emphasis of these communities is to enable residents to "age in place" and avoid having to move to another location if their needs change.

Respite Care: Provides temporary supportive care in a nursing or adult care facility for those who normally live in the community, but whose caregivers need temporary relief. For more information on respite care options, contact **Broome County NY Connects at (607) 778-2278 or toll-free at 1-800-342-9871.**

LONG TERM CARE FACILITIES:

If you are interested in exploring these options further as well as discussing costs and payment options, please contact Broome County NY Connects at 607-778-2278

		Independent Living	Adult Care Facility
Absolut Care of Endicott	607-754-2705		
Bridgewater Center for Rehabilitation and Nursing	607-722-7225		
Brookdale Vestal West	607-771-1700	X	
Elderwood Village at Vestal	607-722-3422		X
Garden House	607-724-5763		X
Good Shepherd Fairview Home	607-724-2477	X	
Good Shepherd Village at Endwell	607-757-3100	X	
Metro Interfaith Housing Program	607-772-6766		
New York State Veterans Home at Oxford	607-843-3100		
Susquehanna Nursing & Rehabilitation Center	607-729-9206		
Brookdale Castle Gardens	607-748-5700	X	X
UHS Senior Living at Ideal	607-786-7300	X	X
United Methodist Homes – Elizabeth Church	607-722-3463	X	
United Methodist Homes – Hilltop Campus	607-798-7818	X	
Vestal Park Rehabilitation Nursing Center Campus	607-754-4105		
Willow Point Nursing Home	607-763-4400		

*For complete agency contact information please see the agency directory at the end of the service guide

Enriched Housing Program	Assisted Living Residence	Skilled Nursing Facility	Rehabilitation	Assisted Living Program	Enhanced Assisted Living Residence	Special Needs Assisted Living Residence	Designated Dementia Units
		X	X				X
		X	X				X
	X				X	X	X
	X				X		
	X	X	X	X	X		
	X	X	X		X	X	X
X							
		X	X				X
		X	X				X
X						X	X
		X	X	X			X
		X	X	X			X
	X						X
		X	X	X			X
		X	X				X

This list contains private Broome County housing options for older adults and those with disabilities. Please call individual buildings for applications, income limits and more information. Those marked with * symbol refer to subsidized independent living options. Those marked with Δ symbol refer to the Enriched Housing Option that can provide additional services such as housekeeping to eligible individuals.

Updated November 2025

<i>Location</i>	<i>Senior Housing Name & Address & website</i>	<i>See Key Above</i>	<i>Age Restrictions</i>	<i>Phone number & fax number</i>
Binghamton	50 Front Street 50 Front Street www.50frontapts.com		18 or older	844-583-0853
Binghamton	100 Chenango Place 100 Chenango Street www.crmrentalmgmt.com	*	62 or older, any age with a disability	607-723-5479 Fax: 607-723-5470
Binghamton	Ansco Lofts 16 Emma Street www.anscolofts.com		18 or older	855-772-6726
Binghamton	Binghamton Gateway Apartments Variety of locations	*	Low income individuals of any age	607-772-2850 Fax: 607-231-2819
Binghamton	Broome County Veteran Tiny Homes 530 State Street	*	Veterans with income eligibility	866-406-8449
Binghamton	Canal Plaza Apartments 453 State Street	*	Low income individuals and families	607-723-9491
Binghamton	Carlisle Apartments 150 Moeller Street	*	Low income individuals and families	607-723-9491
Binghamton	Confluence Park 200 Court Street		Individuals and families	315-472-3820 Ext 279
Binghamton	Crandall Hall Apartments 2 Crandall Street		18 or older	347-658-4489
Binghamton	Crandall Street Apartments Crandall Street		Low income of any age	607-772-2850 Fax: 607-231-2819
Binghamton	East Hills Senior Housing 50 East Clapham Street https://greaterops.org/	*	55 or older any age with a disability	607-723-1863 Fax: 607-723-6497
Binghamton	E.J. Apartments 305 Clinton Street		55 or older	607-772-2850 Fax: 607-231-2819
Binghamton	First Antique Center 171 Clinton Street		Low-income families and individuals	607-772-2850 Fax: 607-231-2819
Binghamton	First Ward Action Council Housing Program 167 Clinton Street	*	Low-income seniors, families, those with a disability	607-772-2850 Fax: 607-231-2819
Binghamton	Glenview Apartments 524 Castle Creed Road www.rmcmgt.com		18 or older	607-648-7228

<i>Location</i>	<i>Senior Housing Name & Address & website</i>	<i>See Key Above</i>	<i>Age Restrictions</i>	<i>Phone number & fax number</i>
Binghamton	Good Shepherd Fairview Home 80 Fairview Ave www.goodshepherdcommunities.org		62 or older	607-724-2477 Fax: 607-723-4724
Binghamton	Legacy Bay Townhomes 436 Glenwood Road www.legacybay.com		18 or older	607-729-2432 Fax: 607-729-6947
Binghamton	Hamilton House Apartments 16 St. John Avenue www.seppinc.com	*	55 or older	607-724-6102 Fax: 607-724-6201
Binghamton	Historic Dwightville Gateway Apartments 235, 236, 244, 256 Front Street; 81 Clinton Street	*	Low-income families and individuals	607-772-2850 Fax: 607-231-2819
Binghamton	Lincoln Court Apartments 21 New Street www.metrointerfaith.org	*Δ	62 or older, any age with a disability	607-772-6766 Fax: 607-722-8912
Binghamton	Metro Interfaith Housing Management Variety of locations-call for info www.metrointerfaith.org	*	55 or older, low-income seniors, any age with a disability	607-772-6766 Fax: 607-722-8912
Binghamton	Metro Plaza Apartments 110 Chenango Place www.metrointerfaith.com	*Δ	62 or older, any age with a disability	607-772-6368 Fax: 607-723-9602
Binghamton	Munsell Street Apartments 32-34 Munsell Street	*	Low-income families and individuals	607-723-6493
Binghamton	New Dwightville/First Community Group		Individuals and families	607-772-2850 Fax: 607-231-2819
Binghamton	North Shore Towers & Village 14 & 24 Isbell St; 45 Exchange St	*Δ	62 or older, any age with a disability	607-723-9491 Fax: 607-722-5031
Binghamton	Saratoga Apartments 60 Saratoga and Felters Road	*	Low-income families and individuals	607-723-9491 Fax: 607-722-5031
Binghamton	Schoolhouse Apartments 144-146 Clinton Street	*	55 or older with low income	607-772-2850 Fax: 607-231-2819
Binghamton	Stratmill Brook Apartments 104 Victoria Drive		55 or older	607-775-3421 Fax: 607-775-3451
Binghamton	The River House 38-42 Front Street		18 or older	607-772-0456
Binghamton	UMH - Manor House 3 Manor Drive www.unitedmethodisthomes.org		65 or older	607-729-2305 Fax: 607-729-2311
Binghamton	UMH - St. Louise Manor 861 Front Street www.unitedmethodisthomes.org		65 or older	607-729-2305 Fax: 607-729-2311

<i>Location</i>	<i>Senior Housing Name & Address & website</i>	<i>See Key Above</i>	<i>Age Restrictions</i>	<i>Phone number & fax number</i>
Binghamton	Woodburn Court I 21-23 Exchange Street	*	62 or older, 18 plus with a disability	607-723-7875 Fax: 607-723-6672
Conklin	Conklin Senior Housing 1095 Conklin Road www.crmrentalmgmt.com		62 or older, any age with a disability	607-775-1490 Fax: 607-775-2083
Deposit	Meadow Park Apartments 85 Fair Street	*	62 or older, any age with a disability	607-235-0722 Fax: 607-235-0719
Endicott	Cambridge Square 421 Glendale Drive		18 or older	607-821-2669
Endicott	Cardinal Cove 397 Glendale Ave www.cardinalcoveny.com		Low income of any age	607-239-4308 Fax: 607-723-8980
Endicott	Carolyn Arms Apartments 405-407 West Main Street www.seppinc.com		Individuals and families	607-754-7979 Fax: 1-877-200-5572
Endicott	Endicott Square 23 Jackson Avenue www.housingvisions.org		Individuals and families, less than 90% Areas Median Income	607-757-2549 Fax: 607-757-2601
Endicott	Graydon Apartments 307 East Main Street		Individuals and families	607-785-0744
Endicott	Ideal Senior Living Center 508 High Ave		62 or older	607-786-7440 Fax: 607-786-7458
Endicott	Nichols Notch Apartments 301-401 Hayes Ave www.seppinc.com	*	55 or older	607-754-0579 Fax: 607-754-5859
Endicott	Skye View Apartments 505 E Franklin St www.skyeviewheights.com		55 or older	607-238-4844 Fax: 607-444-3163
Endicott	Summit Chase Apartments 1 Jane Lacey Drive www.summitchaseapts.com		18 or older	607-754-6769 Fax: 607-786-7660
Endwell	Good Shepherd Village 32 Village Drive www.gsvillage.com		62 or older	607-484-6104 Fax: 607-757-3101
Endwell	Marian Apartments 701 Hooper Road www.seppinc.com	*	62 or older, any age with a disability	607-785-5223 Fax: 607-785-5630
Harpursville	Norma Gardens NYS Route 79	*	18 or older	607-334-3867 Fax: 607-336-5292
Johnson City	Century Sunrise Apartments 135-139 Baldwin Street www.centurysunrise.com		18 or older	607-296-4049 Fax: 607-296-4068
Johnson City	Fairmont Park Apartments 12a Oak Street www.fairmontparkapt.com		Individuals and families	607-785-0744 Fax: 607-239-4875

<i>Location</i>	<i>Senior Housing Name & Address & website</i>	<i>See Key Above</i>	<i>Age Restrictions</i>	<i>Phone number & fax number</i>
Johnson City	Harry L. Apartments 235 Harry L. Drive www.seppinc.com	*	55 or older	607-217-7332 Fax: 607-217-7336
Johnson City	Homesteads on Grand 333 Grand Avenue	*	Individuals and families	607-723-8989
Johnson City	Indian Ridge Apartments 105 Reynolds Road www.indianridgeapts.com		18 or older	607-729-9641 Fax: 607-729-6067
Johnson City	Lofts@JC 128 Grand Avenue https://grand-monarch.com/		18 or older	347-915-3560
Johnson City	Reynolds Pointe Senior Apartments 1035 Anna Maria Drive		55 or older	607-237-0460
Johnson City	UMH - Hilltop Campus 286 Deyo Hill Rd. www.unitedmethodisthomes.org		65 or older	607-729-2305 Fax: 607-729-2311
Johnson City	Wells Apartments 299 Floral Avenue www.seppinc.com	*	62 or older	607-797-8862 Fax: 607-797-0463
Kirkwood	Kirkview Apartments 23 Roberts Street www.rmcmgt.com		18 or older	607-648-7228
Kirkwood	Valley View Apartments 26 South Woodhill Avenue	*	62 or older, any age with a disability	607-775-1656 Fax: 607-775-1659
Vestal	Anthos at Vestal 200 Reno Blvd. www.anthosproperties.com		18 or older	607-729-6174
Vestal	The Hearth at Castle Gardens 1715 Castle Gardens Road www.brookdale.com/	Δ	55 or older	607-748-5700
Vestal	Vestal Chateau 2040 State Route 26		Low-Income Seniors Multigenerational Families	607-772-2850 Fax: 607-231-2819
Vestal	Vestal Pines Apartments 2030 NYS Route 26	*	Low-Income Seniors 55 and older	607-772-2850 Fax: 607-231-2819
Whitney Point	Whitney Point Apartments 10 Strongs Place www.seppinc.com	*	62 or older, any age with a disability	607-692-2609 Fax: 607-692-7573
Windsor	Windsor Woods 49 Grove Street www.seppinc.com	*	62 or older, any age with a disability	607-655-4191 Fax: 607-655-5752

Section Four: MEDICAL EQUIPMENT SUPPLIERS

Loan Closets

Loan closets lend equipment for home use, including: electric beds, hospital beds, bed trays, tables or footstools, commodes, bedpans, urinals, canes, crutches, wheelchairs, walkers, invalid rings, hydraulic lifts, roll-away beds, air mattresses, foot cradles, side rails, foam pads, trapezes, toilet seat raisers, bathtub/shower chairs, pillow rests, hearing loss equipment such as TTYs, closed captioners, and flashers. May provide information on adaptive equipment devices or assistance building wheelchair ramps.

Southern Tier Independence Center Loan Closet

Lends equipment for home use up to one month. Items may include walkers, wheelchairs, commodes, raised toilets, etc. Lends equipment for deaf people including TTY's, closed captioners, flashers, baby monitors, etc. Borrower picks up item and returns it. Refundable deposit for some items. Call for more information.

Southern Tier Independence Center (STIC)
(607) 724-2111

Durable Medical Equipment

Durable Medical Equipment (DME) includes wheelchairs, oxygen equipment, hospital beds, lift chairs, and other such items vital in promoting one's independence. With a physician's prescription, some equipment may be covered by Medicare or private-pay insurance. Smaller assistive devices—walker trays, comb extenders, jar openers, reachers, etc.—help promote independence, but are often not covered by insurance.

Accepts Assignment / "Participating" Suppliers: Some medical equipment suppliers accept the Medicare-approved amount as payment in full for medical

equipment purchases. Some of these suppliers are included in this section. These suppliers are indicated as Medicare Participating Suppliers. Other local medical equipment suppliers may opt to accept the Medicare-approved amount for all qualifying items, or only some of them. Before considering a purchase, whether from a "participating" or "non-participating" supplier, be sure to ask if the supplier will accept the Medicare-approved amount as full payment and will handle submitting the appropriate paperwork prior to committing to the sale.

For information on Durable Medical Equipment providers see chart on Page 42.

DURABLE MEDICAL EQUIPMENT PROVIDERS	CPAP, RADs & Oxygen Equipment supplies	Diabetic Shoes	Hospital Beds	Ostomy Supplies	Power Operated Vehicles (scooters)	Manual Wheelchairs	Power Wheelchairs	Seat Lift Mechanism	Walkers
AdaptHealth New York 1155 Front St. Binghamton 607-724-0115	X	X	X	X	X	X	X	X	X
UHS Home Care 601 Riverside Dr. Johnson City, NY 607-763-5600	X		X			X	X	X	X
Apria Healthcare 3116 Watson Blvd. Endwell, NY 607-754-3511	X		X			X			X
Lincare 408 Commerce Rd. Vestal, NY 607-239-6374	X		X		X	X	X		X
Hanger Prosthetics & Orthotics 635 Main St. Johnson City, NY 607-797-1246		X							
Penn York Medical Supplies 69 Main St. Binghamton, NY 607-773-3622			X		X	X	X	X	X
Northeast Medical Equipment 6500 Joy Rd. East Syracuse, NY 315-432-1321	X		X			X			X
National Seating & Mobility 117 N. Keystone Ave. Sayre, PA 570-882-7436					X	X	X		
Rehab Supply 17 Charles St. Ste. 1 Binghamton, NY 607-584-5560						X			X

Check with specific provider about what insurance is accepted at their location and if additional costs apply. For assistance finding additional Medicare Providers contact Action for Older Persons at 607-722-1251

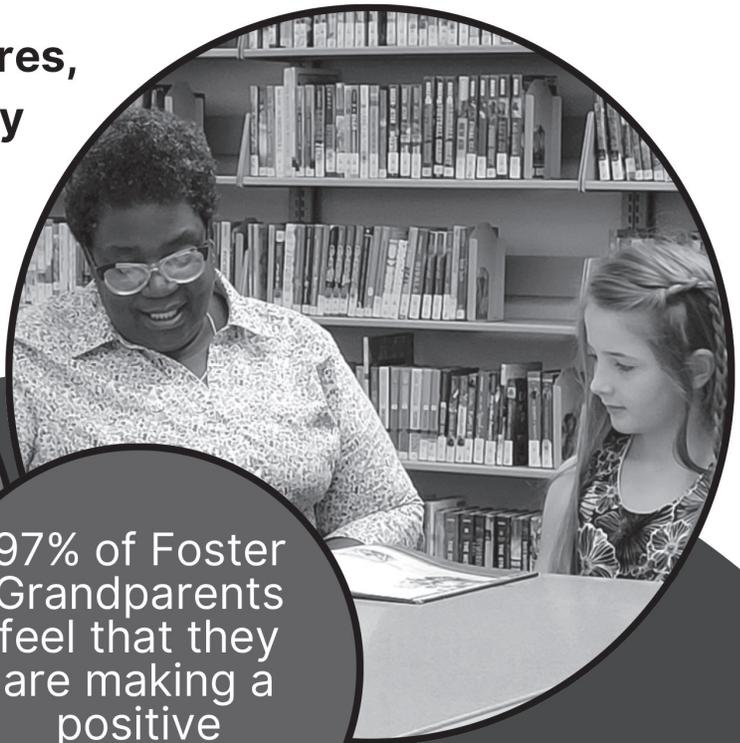


**AmeriCorps
Seniors**

Foster Grandparent Program of Broome County
Supporting Children in Classrooms

Classroom Volunteers Needed!

**Volunteers needed for daycares,
preschools, and elementary
classrooms.**



97% of Foster Grandparents feel that they are making a positive difference in a child's life.

Benefits include:

- Earn a stipend that will NOT affect rent, HEAP, or other income-based benefits!
- Mileage reimbursement
- Paid holidays and benefit hours
- Opportunities to meet people and socialize

Who can apply:

- 55 or older
- Meet limited income requirements
- Able to volunteer 10 hours per week
- Individuals interested in working with Children

Contact the Foster Grandparent Program at 607-778-2089

